



White Rock / Surrey

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Inside this Issue

President's Message Message from Vice President

A Message from the Art Appreciation Group - Important Date, May 25th -Save the Date for our Virtual AGM, May 28th, 2022 - via Zoom Reflections from April 23rd -Conversation with Beth Rowles Scott A Year in Review (Contributions made to AMA and Durrant House)

Bursary Board News A Message from the Advocay Committee In Memoriam TERRY BARRY Books for the Food Bank

> ***************** Interest Groups Member Resources



Diane Salter Menzo

PRESIDENT'S MESSAGE

May marks the close of our club year, and the end of my two-year term serving as president of CFUW White Rock/Surrey. Our club theme this year was 'G.R.E.A.T'. This theme represented our goals to: '*Gather. Reflect. Engage. Act. Together'*, and built on the theme of previous year: '*Connecting. Communicating. Caring'*.

Although times were challenging, with covid restrictions continuing much longer than any of us envisioned, I feel that we achieved our goals. During the past two years, we have successfully used technology to keep us connected, and engaged with zoom to continue meeting during the months when our face-toface gatherings were not possible

Our zoom platform was used for board meetings, program committee meetings, general meetings, interest group meetings and advocacy group meetings. Zooming was a bit daunting at first. Do you remember learning how to 'unmute' and 'mute' at appropriate times? Knowing which 'link' to click? Remembering that: "Hey, everyone can see you eating that sandwich"!

The struggle was real!!

But we survived. In fact, by the end of this second year of zooming, I think we not only survived, but actually even 'thrived'!! We mastered chat rooms, comment boxes, screen sharing! New lingo and new skills!!

A major project undertaken by your club board this year was a revision of our club resource manual. The manual is an essential resource for our club. Our two members at large on the board, Jenny Lindsay and Deb Thorvaldson, along with our secretary Linda Tedman, did an excellent job of taking all of the board input to update the information and compile a revised resource manual. This document is kept on the website in our 'Members Only' area for all members to refer to.

As president, in addition to involvement with our own club activities, I had several opportunities to give input at regional and national level meetings. One of the topics raised this year was the need to review the branding of 'CFUW'. When CFUW began, the club was created for women university graduates. However, in recognition that there are many roads to higher education, the requirement of a university degree was dropped many years ago. Many members, locally and nationally, feel that continuing to use the word 'University' in our name is a deterrent. Potential members often mistakenly believe that the club is only for university graduates, or university faculty. Discussions have begun, led by the national office, with a goal of rebranding our club. I believe, that as part of this exercise, it is important to consider a new name (to remove the word 'University'), to find a name that better reflects the current reality of women across Canada who are interested in joining. I believe this will ultimately lead to greater inclusion and diversity.

In closing, I have enjoyed serving in my 2 years as president. I have learned a lot and had the opportunity to work with a very engaged and dedicated board. I sincerely thank the board members and the program committee for all of their support. I feel that through our collaborative efforts we have done all we could to fulfil our theme of making our club year 'G.R.E.A.T. I am now looking forward to passing the torch and continuing in a supportive role.

Have a wonderful summer, and I hope to see you in September.

MESSAGE FROM Joan Henderson, VICE PRESIDENT

Here is some information from CFUW National that might be of interest.

- CFUW is proud to announce the launch of the Young Women's Online Network Mentorship Initiative to empower young women (ages. 20 40) in the workforce. We are seeking CFUW members who are enthusiastic about uplifting the next generation of young women to join this initiative as mentors.
- "OUR ONE HUNDRED YEARS" by Diane Dodd may be purchased from Headquarters.
- Council of Senior Citizens' Organizations of BC Plan with Seniors, Not for Them! Webinar - May 17, at 10:30 A.M.
- Environmental Discrimination: A Global Problem May 27, 10am ET *CFUW Edmonton, UWC Vancouver, & GWI Peer-to-Peer Conversation*
- ACTION CORNER:

Drug Poisoning Crisis Petition Climate Emergency Pledge Sexual Assault Prevention Awareness

For further information on how to register for any of these sessions, please click on <u>CFUW National Newsletter: May 3, 2022</u>

ART APPRECIATION GROUP Important Date: May 25

Please join us celebrating Marilyn Dyer's 20th Anniversary as leader of the art appreciation group. Sadly, Marilyn is retiring from this role, and we thank her for the many happy and inspiring times we spent together.

At the party, you are invited to speak, if you wish, about one special time that was particularly meaningful to you from the many years we got together.





Save the date for our CFUW White Rock Surrey AGM on May 28^{th,} 2022 via Zoom <u>Watch for details in the eblasts"</u>

REFLECTIONS FROM APRIL 23, 2022

Conversation with Beth Rowles Scott



Our goal was to create a comfortable and intimate atmosphere for our speaker, Beth Rowles Scott. Surrounded by several beautiful, large photos of people she has worked with in Kenya, along with the conversation style presentation, helped to do just that. Donna VanSant, a member of our club, acted in the role of interviewer and moved the conversation along, making Beth feel as though she was sitting with us in her living room, chatting. As a bonus, we were fortunate to have the use of lapel mics set up by Kevin Fadum, the Executive Director of ACCES, making it easier for us to hear and enjoy, as Beth shared stories from her life's path.

Beth is a gentle and lovely lady, who has achieved much and influenced many lives, both here in Canada and around the world. Through awards presented to her, she has been acknowledged and recognized for her dedication, commitment and work to improve the lives of others. Over her years, Beth has experienced many life challenges and joys. At this time in her life, Beth is 93 years of age, and she is almost blind.

Listening to her soft voice, we could hear passion and joy with contentment and satisfaction. Some of Beth's life's stories have been documented in her first published book— "Pinch Me - A Long Walk from the Prairies". As well, you can read more about her ongoing work as founder of the African Canadian Continuing Education Society – (ACCES)

Beth's opening comment set the scene for us, when she said, "not many people can say, that being in your 70s, 80s and 90s are the best years of their lives...but I can". What an inspirational message for all of us to live by! One of our members wrote to us saying: What an inspirational speaker/program! We learned so much from Beth, especially the 3 things we need for happiness and life satisfaction – *Someone to love, something to do, and something to look forward to*.

Beth attributes happiness and satisfaction in her life to a formula, or a recipe, she has identified those three elements were in place: *Someone to Love, Something to Do and Something to Look Forward To.* Beth surrounded herself with people she loved and valued her relationship with them which brought her joy. Secondly, she learned that there needed to be a sense of accomplishment and satisfaction to make an effective element of happiness. And lastly, she ensured, she had a sense of purpose, adventure and contentment to always look forward to.

We were privileged to have this special time with Beth, as she shared her insights into ways each one of us – no matter what stage in our lives – can handle change, transition and discover both meaningful purpose and learn a way of gauging life satisfaction. Beth gave each



of us a bookmark, so every time we use it, we can think back and relive the experience of sharing time with this remarkable woman. Thank you, Beth.

(By Lynn Robertson, on behalf of the Program Committee)



BURSARY BOARD NEWS

(Carolyn Oram)

The bursary board deadline for bursary applications is May 27, 2022. The board will be vetting the applications in early June, and then arranging a selection date in mid June. This is the highlight of our year, and we all look forward to a difficult process, but always a rewarding one. We hope, that this year we may be able to invite the young women to a fall club meeting, so that we can meet them in person.





We are including a letter from Margaret Erickson, the recipient of the Jubilee Bursary in honour of Elizabeth Bordeaux.

Dear all,

I'm writing to give you a quick update to say that I completed my PhD this month (hoorah - finally!). I also recently started a new role as a research manager within the BC Public Service - many exciting changes this past month.

I will forever be honoured to have received the Jubilee award. The CFUW White Rock/South Surrey branch is mentioned in the Acknowledgement section of my PhD in reference to the support and funding I received over the past four years. I would love to be able to give back and make a donation to the Bursary Foundation, so please let me know the process for that (assuming I can connect with Penny on this?).

Thanks and I hope you are all doing well! Happy Spring

Margaret Erickson

A Message from the Advocacy Committee

(Anne Low)



"The world is not changed by our words, but by our actions"

Every day an eblast in the form of an extreme event, near or far, tells us that our small, beautiful planet is suffering. We are listening and talking, but floundering when it comes to action.

Here is a whole new club idea from your advocacy committee to make a contribution that could be a proverbial 'pebbles in the pond' project.

The club has a Return It account.

Your grocery and liquor store bills itemize the environmental and recycling fees you

have been charged.

Please collect these cleaned items into large clear plastic bags and take them to any Return It depot.

Inside, find the machine and type in our treasurer, Sandra Kraft's, phone number 604 535 8824. It will produce a label that you stick on the bag.

- Our club account will be credited with the returnables total.
- The items will be recycled.
- The club will earn money.

At the September meeting, we will celebrate our efforts. Please keep track of the quantity of bags and contributors (involve your extended family, neighbours and whole strata). Sandra will report our earnings.

In Memoríam



Terry Barry - 1931 - 2022

Terry Barry was a charter member of our club when it was formed in 1959. Terry's story is chronicled in the 2002 book *A History of CFUW in British Columbia*. The article follows here:

CFUW - White Rock/Surrey

Terry Barry - Deep Roots -- Club historian Olive Clark interviews longtime member

Thérèse Barry is the granddaughter of BC pioneers. Her paternal grandfather, Laurent Guichon, came to BC in 1860 from France via the Isthmus of Panama and the California goldfields. Before purchasing 1000 acres of land in the Fraser delta, he operated a pack train from Yale to Quesnel, ranched in the Nicola Valley, and owned a hotel in New Westminster. In 1879, he married compatitot Peronne Rey, who had immigrated to Quesec, later crossing the continent by train and boat to Victoria. Terry's maternal grandparents emigrated from Ireland, settling in Vancouver in the early 1900s. These two pioneer families were joined when Terry's parents married in 1929.



Terry grew up on a farm in Ladner surrounded by aunts and uncles who lived on nearby farms. She attended the local school for ten years, completing her high school as a boarding student at Little Flower Academy in Vancouver. Summers were spent at the family cottage on Tsawwassen beach where siblings and cousins were supervised by maiden aunts. These family connections continue with planned potluck Sunday suppers at the cottage.

Terry graduated with a degree in Commerce and Education from UBC. She taught math and commercial subjects for four years at Vancouver Technical School. While teaching, she me Reg Barry, a fellow teacher and UBC grad. In 1958 they married, moving into Reg's Surrey cottage where they later built their family home. Terry became a full-time

homemaker and began a family, three girls in all. As part of the girls' education, the family began to travel through Canada and the US. Other trips included Britain, France, Switzerland, New Zealand and Australia. All three girls graduated from UBC: Margaret in education, Pat a nurse clinician and marathon runner, and Cathy a nurse, married with five children.



Terry joined CFUW – White Rock as a charter member in 1959. She twice served as Treasurer and continues to be an active member. She plays bridge, and is active in cockery and swing. Terry and Reg, who live in Panorama Ridge, enjoy the company of family and friends, and going for long walks.

Further to the article we learned that Terry was the first woman registered in Commerce at UBC, and that she graduated at the top of the class of 1953.

(continued ..)

Terry participated in an early version of the One-to-One Program when members read books into cassettes for school children. She also worked at Bursary Foundation fundraisers such as *Gardens in Bloom*. Her idea to raise our profile in the community by starting the Adopt-A-Street Program was unique! We got the publicity we needed as we worked in our yellow vests. The result was an Adopt-A-Street sign with CFUW on it at Dart's Hill.

Terry played a big role in our 40th Anniversary celebration. She was our committee historian who in pre-computer days wrote many letters to seek out former members to give an update at our banquet. Then, Terry composed a song sung by the Phoenix Chamber Choir. The balance of the program featured 16 skits about humorous incidents that had happened over the 40 years. Terry appeared in four of them!



40th Anniversary Planning Committee CFUW – White Rock/Surrey *Top Row:* Terry Barry, Hope Harvey, Lorna Scobie *Bottom Row:* Margaret Keeling, Florence Sully, Helen Christiansen (Chair), Lorraine Ellenwood

Terry also worked on the 50th Anniversary celebration in 2009. She always gave her all and was a great team player no matter which aspect of a club function she worked on. Terry helped build our club in many ways. She left us with many fond memories.

Thank you to all who contributed to this article



" Reading is the gateway skill that makes all other learning possible". Barack Obama

BOOKS FOR THE FOOD BANK

(Anne Low and Pat Poliquin)

For over 20 years, CFUW White Rock/Surrey has delivered gently used books to the food bank.

We need continuous donations of fiction, non-fiction and children's books. Free pick up service is offered by calling **Pat Poliquin at 604-385-1929**, or **Anne Low at 604-538-7104**.

Please help us to keep this tradition ongoing.

CFUW White Rock/Surrey Interest Groups ~ Activities and Leaders

Wednesday

Afternoon

Barbara Cook

Golf for Fun

Donna Freeze

Wed. Afternoons

Sue Foley-Currie;

3rd Wed. (varies)

Lorna Patterson

Marilyn Dyer

Art Appreciation

(varies)

Matinee-Dinner

2nd Wed., 3:00 p.m.

Monday

Dames Who Dine 1st Mon., 5:30 p.m. Ann-Marie Steenge

Duplicate Bridge 2nd Mon., 1:00 p.m. Betty Bishop; Donna Freeze

Club Cuisine

4 times a year Anna Ferguson

One to One Literacy Group

once a week Carolyn Oram



Alpha Book Group 2nd Tues. 1:30 p.m. Shirley Nord Evening Book Club 3rd Tues., 7 p.m. Kathy Steele Who can play, Who can host? Bridge Tues.& Fri., 9:30 a.m. vacant

Tuesday

The Bridgets Afternoon Bridge 1st & 3rd Tues., 1:00 p.m.

1:00 p.m. Janice Cook

Interest Groups Info* For more information contact Interest Group Leaders, *Groups subject to change.

<u>Thursday</u> *Fully Booked Book Group* 2nd Thurs. 1:30 p.m. Joanne Cunningham *Newbies Bridge*

1:00 p.m., Thurs. Sandra Kraft

Thursday Morning Coffee

2nd and 4th Thurday of the month Sue Foley-Currie Sylvia Riddell

Couples Dining Out Diane Salter-Menzo Symphony vacant Travel Diane Desjardins Felt and Chat Diane Salter-Menzo

Diane Salter-Menzo

Friday

Stitch and Chat 2nd Fri., 1:00 p.m. Linda Tedman

French

Conversation Friday 1 p.m. on Zoom Sylvia Riddell



NEWSLETTER May 2022

MEMBER RESOURCES

Web Resources for Members	
CFUW Facebook page	
https://www.facebook.com/CFUW-White-RockSurrey-1491088411167597/timeline/	
and the closed group page	
https://www.facebook.com/groups/1547358335477392	
(to access, you must be a member of Facebook)	
CFUW White Rock/Surrey Website	
http://cfuwwhiterocksurrey.com/	
BC Council https://sites.google.com/site/cfuwbccouncil/home	
CFUW (National) http://www.cfuw.org/	
GWI (Graduate Women International) http://www.graduatewomen.org/	NOTE:
Semiahmoo Arts http://www.semiahmooarts.com/	just click on the URL and you will be taken to the respective website.
Arts Council of Surrey <u>http://www.artscouncilofsurrey.ca/</u>	

Please contact Membership Chair, Faye Koll, if you have changes to your contact information: Telephone - 604-599-0714; email: <u>kollfm@shaw.ca</u> Send a Card... Please advise Linda Tedman about any member of our club who is ill or bereaved, so she can send a card. Contact information:Telephone 604-536-4898; email: lindatedman@gmail.com



NEWSLETTER COMMITTEE

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Deadline for Sept. 2022 Newsletter submissions is Tuesday, <u>Sept. 6, 2022.</u> Please submit news by email with the subject line 'Newsletter' to: <u>vbichler@shaw.ca</u>

