



# White Rock / Surrey

 $\operatorname{cfuw}$  the power of women working together

#### Volume 21 Number 7 February 2021



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Diane Salter Menzo

'Community-Connecting-Caring'

Looking back on 2020, and thinking back on what we (globally) may have learned from this year, I am reminded of this quote:

The most important proposition revealed by history is this: "At the time, no one knew what was coming". Haruki Murakami

**PRESIDENT'S MESSAGE** 

(speaking as the narrator in his book 1Q84)

How could we have known that a year after the first case of Covid-19 was announced, we would still be struggling with world-wide outbreaks and wondering, at the personal level, when our number in the queue would come up to receive the long anticipated vaccine?

Globally, the world changed in a moment. We cope, day by day, with our new reality and count on the connections and caring within our community to help us through.

This week, my personal world also changed in a moment. A medical emergency struck that required me to call 911 and have my husband, Bill, taken to the emergency department of the Peace Arch Hospital by ambulance. I have never had to call 911 before, and I am very grateful that I live in a country with such efficient medical response care in our community. Our own caring CFUW community has been so wonderful in stepping up to offer me personal support and to take over the club activities that I'm involved in as president for the next while. What a wonderful, supportive group of women we have in our club. I am so grateful to be a part of our community. At the point of writing this message for the newsletter, the prognosis is still uncertain, but I am optimistic.

In our CFUW community, we are so fortunate to have this kind of caring of each other, however, our caring extends beyond the personal support to our own members and is recognized for ongoing support in issues

related to women and girls. March 8<sup>th</sup> is recognized annually in Canada as International Women's Day (IWD). The IWD 2021 campaign theme is: *'Choose to Challenge'*.

- A challenged world is an alert world.
- Individually, we are all responsible for our own thoughts and actions all day, every day.
- We can choose to challenge and call out gender bias and inequity. We can choose to seek out and celebrate women's achievements.
- Collectively, we can all help create an inclusive world.
- From challenge comes change, so let's all choose to challenge.

#### (excerpted from the IWD web site)

Observed since the early 1900s, International Women's Day is a time to: celebrate women's achievements, raise awareness about women's equality, lobby for accelerated gender parity, fundraise for female-focused charities. It is timely that our club has just completed the January feedback survey where our members have shown their interest in the goals of our club that include: the promotion of fellowship, community involvement, the support of education and the betterment of women's lives. The results of the survey will be shared with our members in the coming weeks. In addition, March is the month that CFUW clubs across Canada discuss and vote on resolutions that are later taken to the Canadian government (see article in this newsletter). Our archivist will be sharing past IWD activities of our club in this newsletter.

Congratulations on both the past actions of our club and the good work that will be done in the future.

#### MESSAGE FROM Anne Low, VICE PRESIDENT

At least five from our club along with approximately 500 members from across Canada recently put heads together to come to a fair and reasonable sorting of our relationship to GWI (see January Newsletter).

Votes from all clubs to opt in or out of financial support are due March 31. Clubs opting out will have to choose how those funds are to be used. Financial strain still looms, as national income has fallen and membership has dropped significantly.

As you know, 'a woman's work is never done'. One of the commitments stated in our White Rock/ Surrey handbook is to "improve the status of women and human rights". With that in mind, the Advocacy Policy choices ( they were resolutions last year) for us to work on are:

- 1. Long Term Care Under the Canada Health Act
- 2. Long Term Care Protect the Vulnerable
- 3. Canada Health Act & National Standards for Medically Necessary Care
- 4. Payday Loans
- 5. Achieving the Truth and Reconciliation Calls to Action
- 6. Climate Emergency-Declarations and Action Plan
- 7. Protecting Children from Exposure and Access to Pornography and Sexual Violence
- 8. Enforcement of the Protection of Communities and Exploited Persons Act

Please click on <u>CFUW FALL ADVOCACY PACKAGE</u> where you will find all the background information and template letters which have already been crafted.

We can agree to do the least by sending letters, or get energized, creative and involved with a club project/programs on any one of these topics. At the March meeting, I will ask for a vote of your priorities and the committee will proceed.

Are you feeling you are Greta Thunberg? Jane Fonda? Never too young or old for activism!

# CLUB NEWS

#### PROGRAM COMMITTEE

#### Write-Up following -- "YOU NEVER KNOW WHERE LIFE WILL TAKE YOU"

(submitted by Sandra Kraft)

presented by Dr. Diane Salter Menzo



On January 23, 2021, 54 club members attended our online Zoom General Meeting. Our speaker that day was our president, Diane Salter Menzo, who entertained us with stories and pictures of her year traveling with her husband, Bill, and her two daughters, Lauren and Christie, when the girls were 8 and 10. Diane and Bill wanted to give the girls experiential, hands-on learning. What Diane didn't anticipate was that she learned as much from her girls as they learned from her! The family traveled through Europe, Egypt and South Asia enjoying many adventures.

Diane also discussed and displayed pictures of the seven years of international work she did at the University of Hong Kong and Hong Kong Polytechnic University, as well as her consultation work in Australia, New Zealand, USA, Austria, Thailand, Sri Lanka, China, Macau and Korea. Diane's younger daughter, Lauren, joined Bill and Diane in Hong Kong while Christie remained in Canada to attend university. When Christie was leaving to go

back to Canada after a visit to her family in HK, she gave this message to Diane: "Don't be sad it is over – just be glad it happened." What a great philosophy!

Diane's work made a significant contribution to models of faculty education. During her tenure at the University of Hong Kong as an Associate Professor, Diane was a co-recipient of the Ron Harden Innovation in Medical Education Award for the curriculum developed for the special study module, "Pen, Brush and Camera" (co-developed with Prof. Li Chong Chan and Dr. Julie Chen from the Faculty of Medicine at HKU).

Diane is a woman of great energy and courage. Her life path shows she is an innovative risk-taker who isn't afraid to tackle new challenges. I first met Diane at a dinner party at the home of the late Elizabeth Bordeaux. Diane had just moved to S. Surrey to take the position of Vice Provost Teaching and Learning at Kwantlen Polytechnic University. She met Elizabeth and became another one of Elizabeth's recruits to our club. Diane has been active in CFUW since the 1980s, when she was a member of the Oakville Club and where she served on the board in many roles and was involved in many interest groups. Diane jumped right into our club with both feet. Before she went to Grenada she was co-vice-president with Sue Foley Currie.

Fortunately for Diane, but to our loss, Diane was offered the position of Director of Faculty Development at St. George's University in Grenada. She worked there for two years and received the internationally awarded Desire to Learn Innovation in Teaching and Learning Award, presented by the Society for Teaching and Learning in Higher Education.

Luckily for us, Diane returned to S. Surrey in 2019, and once more became active in our club. We are so fortunate to have such a worldly president to lead us. Diane has over 25 years of experience in teaching and senior leadership in universities in Canada and internationally. She has over 75 publications including books, book chapters, short stories, journal articles and conference proceedings. Her research on award winning teachers at international universities led to the publication of her recent book, **Cases in Quality Teaching Practices in Higher Education, IGI Global.** Her Master research on family stories was awarded the Dunlop Award by the Canadian Association for Educational Psychology.

Diane holds a PhD in Cognitive Sciences from the University of Toronto, a Master in Educational Psychology from the University of Calgary and BSc in Psychology and Exceptionality of Human Learning

from the University of Toronto.

Diane's prior positions include Dean of the Centre for Curriculum and Faculty Development, Sheridan College; Assistant Professor, University of Toronto, and Assistant Research Professor, University of Waterloo.

Diane certainly did show us that "You Never Know Where Life Will Take You". She is always learning something new and does not seem to have a dull moment! She also showed us how lucky we are to be led by an innovative, creative and knowledgeable president. Diane's narrated pictures presentation thoroughly engaged everyone and was most enjoyable. Thank you, Diane!



#### **CFUW PROGRAM COMMITTEE**

(Lorna MacGregor)

Last year, on February 22, 2020, CFUW had the pleasure of lunching with Dr. Moira Stilwell at Guildford Golf and Country Club.

She is a renowned radiologist and nuclear medicine physician, and was co-chair of the Canadian Breast Cancer Foundation 2020 Task Force. She is a very interesting and stimulating speaker!

This year, we need to adjust our location. We shall be joining her on Zoom! Please mark your calendar for a Zoom meeting with Dr. Moira Stilwell.

Dr. Moira Stilwell

# Date:Saturday, February 27, 2021 via ZoomTime:10:15 – join the meeting by using the link emailed to you prior to the meeting<br/>10:30 – meeting begins



Rudy Buttignol

#### MARCH 9, 2021

TALK's 2021 Compelling Conversations lecture/discussion will feature **Rudy Buttignol**, C.M., President and CEO of British Columbia's Knowledge Network.

His topic will be

#### TELEVISION: THE FUTURE ISN'T WHAT IT USED TO BE.

This event, March 9 at 7 pm, is free, but you must register to receive the Zoom link. Register at <u>www.kpu.ca/talk</u>.

Please forward this invitation to your friends and contacts. Open to everyone of any age in any location.

(HelenChristiansen)

#### How We Creatively Celebrate During COVID

Tuesday, January 26<sup>th,</sup> dawned sunny and brisk, a perfect combination for a surprise driveway birthday party.

The program committee members, plus Eileen Ennis, gathered at the bottom of Karen Webster's driveway with a fold out table bearing coffee flasks, homemade cookies by Marjorie, flowers from Eileen and, of course, a yummy looking birthday cake. Crepe paper was draped through a tree and Eileen's van was parked across the driveway wearing a Happy Birthday sign.



For a few brief moments, we dispensed with our masks for pictures and a hearty rendition of Happy Birthday to the incredibly surprised Karen. Then, with masks back in place, we celebrated Karen's 80<sup>th</sup> birthday (80 is the new 60) with toasts of coffee and cookies. The gathering spilled out from the driveway onto the street, bringing lighthearted questions from neighbours.

Karen's celebration continued with a steak dinner by the Keg (curbside pickup by Kent), followed by the Gianduja Cerise from Chez Christophe.

COVID may have influenced how we gather and celebrate, but it hasn't changed how much we value our friendships during this exceptional time.

(Penny Harrington)

The following overview will assist CFUW members in understanding the club's commitment to AMA/Durrant House and will reflect our mission statement and our theme for this year, which is:

#### Community, Connecting and Caring

#### **CFUW White Rock/Surrey Community Connections**

#### **Mission Statement**

The Canadian Federation of University Women is dedicated to:

- The promotion of fellowship
- Community involvement
- The support of education
- The betterment of women's lives

#### AMA Transition House

AMA House provides transitional housing for senior women fleeing abuse, and over the phone support and advocacy for women over 55 years of age experiencing the impact of past or present violence or abuse. The crisis line (604-531-4430) is open 24 hours a day, 7 days a week. Women over the age of 55 are invited to call for more information about the 16 steps to empowerment women's drop-in group.

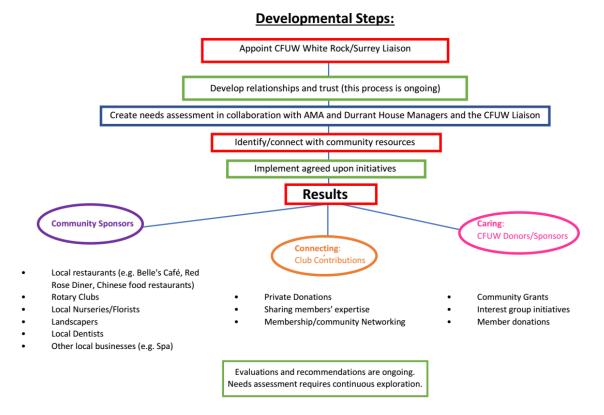
#### **Durrant Transition House**

Durrant House offers a variety of long-term housing options in Greater Vancouver for women of all ages with or without children, low-income couples, and families. Housing eligibility varies by location. Durrant provides a specialized housing program designed for women who are seeking support to reduce or eliminate substance abuse but who are not yet ready for an intense residential treatment program. Durrant practices low-barrier protocols, which means women are not screened for mental health or substance use issues.

#### CFUW White Rock/Surrey Club is committed to:

- Organizing activities that promote exchange and support among members
- Becoming involved in and supporting selected community activities that benefit women
- Pursuing knowledge
- Promoting education
- Improving the status of women and human rights
- Participating in public affairs
- Raising funds for the club and the Surrey/White Rock Bursary Foundation

Page 1 (cont.)



Our club was able to provide this support through the combined efforts of members and the very generous support of the outside community

### THIS AND THAT ....

#### BOOKS FOR 'SOURCES' (Anne Low)

Since White Rock Library no longer has many books to repurpose for our weekly effort to provide for clients at the local Sources food bank, we would like to remind you that your donations, especially self-help, children's, youth and other non-fiction books as well as magazines are always needed.

The local Rotary club has been great at supplementing our needs.

#### Contact Pat Poliquin or Anne Low if you have a contribution.

#### What Are You Doing In The Covid Lockdown?

#### (Joanne Cunningham)

It has been a year now, and I am running out of ideas, so I decided to go to some ladies in CFUW for help. I would love to have been able to put the whole emails in, as they gave great insight into the member's life during the lockdown.

In the words of one member: "Initially I thought that life had been put on pause for me! Before Covid, there was so much "running" in my life. With hindsight the restrictions have encouraged opportunities to enjoy home-based activities and revisit some interests that had been put on hold! There is now a different flow and rhythm to my life. I contemplate what I will take on each day based on the weather!"

#### Here is a condensed list of the ideas presented:

Quilting, knitting & crocheting

Zooming for meetings and TALK and other lectures, podcasts, virtual courses and happy hour Zooming with friends and family.One member is playing charades with grandkids in Calgary)

Playing bridge online - Trickster and Bridge Base

Working with local live theatre and actors

Going through old photos that didn't make it to albums

Hitting golf balls at Birdies and Buckets and golfing

Making cookies and sending them via express to family

Reading books and magazines 'lots of us doing that' (fiction, non fiction and Smithsonian)

Watching TV, especially PBS, Knowledge Network & Netflix (some binging on TV series)

Cooking and baking. Revisiting old recipes and trying new ones

Tidying house. One has a goal - 'chore a day' and a bit of purging. Small renovations Sanitizing groceries.

Walking dog. (one is even meeting new friends at dog park and learning Chinese phrases) Walking daily with neighbour, family or friends.



Hiking when weather permits. Birdwatching Doing puzzles - Sudoku, crossword, jigsaw, Scrabble Painting and exploring new painting techniques Listening to music. Exploring YouTube options Studying French Practising piano and ukulele Focused Exercise -Doing pilates and swimming

CFUW program and executive meetings Gardening

Thinking on the positive aspects of this Covid lockdown.

Do you see yourself doing any of the activities? I am going to try some!





#### **BURSARY BOARD NEWS**

(Carolyn Oram)

#### **Birthday Donations**

A few years ago, Doreen Hoath presented the idea of giving a donation to the Bursary Foundation on your birthday. The donation could be for whatever your age was at that time.. However, you can still give a donation to the Bursary Foundation without reference to age. Thanks again for all your past generosity.



#### **Bursary Foundation Windfall**

The Bursary Foundation has just received a donation from a donor outside of our club. It is a sizable sum of \$6000. Later this spring, the bursary board will be discussing the amount and number of bursaries that will be given this year.

We appreciate being able to assist more students with their post secondary education.

## **OUR NEW MEMBERS**

The club would like to extend a warm welcome to our new members:

MARLENE MACKENZIE; MAUREEN HOECHSMANN and JAN GOODE

(Faye Koll)



Marlene Mackenzie

#### MARLENE MACKENZIE

I met my husband at UBC while I was studying for a Bachelor of Science in Agriculture diploma. I graduated in 1971, and shortly thereafter joined him in managing a commercial greenhouse operation.

We operated this business for eighteen years. During that time, my husband designed a computerized control alarm and data logging system for our greenhouse operation. Based on our success, we decided to market our system to the horticultural industry. I was glad to sell the greenhouse operation in 1989 to concentrate on this new business.

We set up an office in White Rock and sold worldwide, but mainly in the United States. I managed the company while my husband focused on the R& D side. We had some exciting projects, such as working with the University of Arizona to control a growth room on the South Pole, and Guelph University on its contract with NASA to investigate the challenges of growing plants in space. We sold the company in 2013 and retired.

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#### INTERNATIONAL WOMEN'S DAY



International Women's Day (IWD) occurs every year on March 8<sup>th</sup> to celebrate the economic, political and social achievements of women world-wide.

Many CFUW clubs mark this day by organizing a special activity. Our club has celebrated this day in several ways throughout our history, and in looking through our archives, there are many examples of how we observed **IWD**.

**On March 8<sup>th</sup>, 2003,** 18 of our club members had lunch with 13 Bellingham Branch members of AAUW at the Beecher Street Café. President, Jean Putman, welcomed our guests and Margo Hammond, Bellingham president, had made a quiz. The Canadians had to answer questions about Washington State, and

the Americans had to answer ones about B.C. It was challenging and fun. It was also an opportunity to learn more about our sister club – to discuss fundraising, study groups, membership and compare causes. Carol Simmer, a past co-president with Helen Christiansen of our club and now a member of the Bellingham Branch, attended and will be a strong liaison.

**On March 8, 2007.** The initial meeting of the new members' interest group marked the occasion of IWD by exploring future possibilities for the group. President, Gladys Utendale, conveyed the message that on this day, women throughout the world will be celebrating, and they will voice their concerns for the future, not only involving women's issues, but also other important global problems that involve everyone.

**On March 8<sup>th</sup>, 2008**, four of our club members (Mary Ann Moffat, Gladys Utendale, Lois Hunter and Linda Thomson) attended Hycroft's IWD event. Workshop topics included politics, business, protection of women and girls and empowerment of aboriginal women. Featured speaker, Mary Ergasheva, shared her experience as a feminist activist in Uzbekistan.

**On March 8, 2011**, Jane McNamara, Susan Wingate, Lois Hunter and Gladys Utendale joined more than 100 other women at Hycroft to celebrate the 100<sup>th</sup> Women's Day since it started in Denmark, in 1911. Key Note speaker was Patsy George, president of the United Nations Association in Canada, Vancouver Branch, a director of the Stephen Lewis Foundation, and a recipient of the Order of Canada, and the Order of BC. The topic of her address was "Celebrating Women & Quest for Equality". She gave an informative history of events that contributed to the milestones made by women, such as receiving the vote, the victory of the Persons Case and rights gained by aboriginal women. As part of the CFUW White Rock/Surrey annual charitable donations, we gave \$100 in 2011 to CARE Canada who matches donations, turning this into \$300 to support the Maternal & Child Care Project to make pregnancy & delivery safer for 30 million women in Africa, Asia and Latin America by 2015.

The theme of IWD, 2021 is "Choose to Challenge". A challenged world is an alert world and from challenge comes change. So let's all choose to challenge. Consider how we can best help to forge a gender equal world, celebrate women's achievements, raise awareness against bias and take action for equality. We have a long history of advocating for the support of education, the betterment of women's lives and the objectives we are committed to by our founders.

(Lois Hunter, Archivist)









The attached article is the next in a series of "Memories" following the 60<sup>th</sup> Anniversary of our club, when members, present and former, share their remembrances and reflections of their membership in CFUW. It is a great way of collecting the stories that show the impact of our group on the local community and beyond, and what membership has meant to each of us as individuals.

This time we hear from Karen Webster.

Eileen Ennis and I joined CFUW at the same time in 2006, encouraged by Win Bracher, whom we both knew, Eileen as a former student, and I as a mentor in the School of Home Economics at UBC. We were feeling professionally lost as all our Home Economics Associations had ceased to exist. It wasn't long either until the School ceased to exist as well.

Since joining, I have been involved in several committees, projects and activities, including finance, program, One to One and stitch and chat. Along the way, I have met many other members, including many who I will remember and in many cases continue to meet and work with, including Joan Hoyles, Ann-Marie Steenge, Gwen Arnold, Faye Koll, Lois Hunter, Patricia Hyde, Helen Christiansen, Daphne Graff, Linda Tedman, Lorna Paterson, and, of course, Eileen and the members of the program planning committee who have become good friends. I think Elizabeth Bordeaux, Gladys Utendale, Jean Putman, and Elva Reid were leaders that we can be proud to have known and who made a difference to the club and our community.

The benefits of belonging to the club for me are many, but in particular is the professional stimulation from the programs and the members who challenge me to stay up to date and involved. More important perhaps have been the friendships I have made and continue to enjoy.

"Memorable" memories have been many, but the silent auctions, Christmas programs, Lunch 'n' Learn events and time in the kitchen with Marjorie Foxall stand out!

Karen Webster



#### FROM THE ARCHIVES

(Lois Hunter, Archivist)

Attached is an article regarding resolutions which is actually from our Archives and was written for our club newsletter in 2010 by Sandra Kraft.

CFUW Resolutions: What Are They - And Why Do We Have Them?

#### **Resolutions are:**

- The response by CFUW to issues that concern women's equality and the status of women and girls in the areas of education, peace, justice and human rights.
- A process to educate our members about current issues. Resolutions are the primary public awareness tool that we have to take an issue from coast-to-coast through all Clubs to inform all members.
- The framework for CFUW action and advocacy. Resolutions form CFUW policy. Our policy is what permits us to take advocacy action. Without policy, CFUW cannot express its voice.

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Issues taken on by CFUW: In the first half of the 1900's, issues such as protesting the dismissal of married women university staff, advocating for pay equity, advocating for the plight of post-WWII refugees and advocating for the expansion of women's access to post-secondary education in Canada and around the world were taken on by CFUW.

#### **Resolutions:**

- > Provide direction for CFUW clubs in terms of planning programs and arranging for speakers.
- Engage CFUW members in studying a broad range of socio-economic issues, proposing and assessing remedial actions, developing club positions and defining national policies.
- Come from the grassroots of the organization and are the result of extensive research, debate, and consultation. In general, local issues are championed by CFUW clubs, provincial issues by Provincial Councils, and national issues by the CFUW board supported by the National Office.
- Allow us to be proactive. When a resolution is passed, we can contact local public officials to share our concerns.
- Allow us to react to the Government's agenda, its consultations and legislation. They also permit us to react to and take action for problems within our communities. Resolutions also provide a venue for collaboration with other organizations with similar concerns.





# CFUW White Rock/Surrey Interest Groups ~ Activities and Leaders

#### <u>Monday</u>

*Dames Who Dine* 1st Mon., 5:30 p.m. vacant

**Duplicate Bridge** 2nd Mon., 1:00 p.m. Betty Bishop; Donna Freeze

*Club Cuisine* 4 times a year

Anna Ferguson

One to One Literacy Group

once a week Carolyn Oram



<u>Tuesday</u> *Alpha Book Group* 2nd Tues. 1:30 p.m.

Shirley Nord

*Club* 3rd Tues., 7 p.m. Kathy Steele

Who can play, Who can host? Bridge Tues.& Fri., 9:30 a.m.

# The Bridgets Afternoon Bridge

Astrid Lancelle

1st & 3rd Tues., 1:00 p.m. Janice Cook



Wednesday Afternoon Matinee-Dinner 2<sup>nd</sup> Wed., 3:00 p.m. (varies) Barbara Cook

**Golf for Fun** Wed. Afternoons Sue Foley-Currie

Art Appreciation 3rd Wed. (varies) Marilyn Dyer-Seidel



Thursday Fully Booked Book Group 2nd Thurs. 1:30 p.m. Joanne Cunningham

*Newbies Bridge* 1:00 p.m., Thurs. *Sandra Kraft*  Friday Stitch a

**Stitch and Chat** 2nd Fri., 1:00 p.m. Daphne Graff





French Conversation Friday 1 p.m. on Zoom

Sylvia Riddell

Interest Groups Info\* For more information contact Interest Group Leaders, \*Groups subject to change.

#### **NEWSLETTER February 2021**

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# MEMBER RESOURCES

Web Resources for Members		
CFUW Facebook page		
https://www.facebook.com/CFUW-White-RockSurrey-1491088411167597/timeline/		
and the closed group page		
https://www.facebook.com/groups/1547358335477392		
(to access, you must be a member of Facebook)		
CFUW White Rock/Surrey Website		
http://cfuwwhiterocksurrey.com/		
BC Council		
https://sites.google.com/site/cfuwbccouncil/home		
CFUW (National)		
http://www.cfuw.org/		
GWI (Graduate Women International)	NOTE:	
http://www.graduatewomen.org/	just click on the URL and you	
Semiahmoo Arts	will be taken to the respective website.	
http://www.semiahmooarts.com/		
Arts Council of Surrey		
http://www.artscouncilofsurrey.ca/		
P		

Please contact Membership Chair, Faye Koll, if you have changes to your contact information: Telephone - 604-599-0714; email: <u>kollfm@shaw.ca</u> Send a Card... Please advise Linda Tedman about any member of our club who is ill or bereaved, so she can send a card. Contact information:Telephone 604-536-4898; email: lindatedman@gmail.com

#### **NEWSLETTER COMMITTEE**

Editor and Layout	- Veronika Bichler
Proofreaders	- Helen Christiansen
	- Maureen Buchholz

Email Distribution : - Veronika Bichler Deadline for March 2021 Newsletter

submissions is Monday, March 8, 2021

Please submit news by email with the subject line 'Newsletter' to: <u>vbichler@shaw.ca</u>