



White Rock / Surrey

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PRESIDENT'S MESSAGE



Trudy Handel

In the scheme of life, the only two important things, at the end of the day, are family and friends.

I still keep in touch with my very first friend. Her name is Susan, and we first played together when she was four and I was two. We went to elementary school together, and then I moved away while Susan's life spun out in a series of tragedies, which she struggled through. We kept in touch, and I still stop and see her when I go to her home town. We phone each other every year on our birthdays and talk for hours, catching up, because that's what friends do.

In high school, I was fortunate enough to have a good friend, Diane, who went through thick and thin with me. We spent many hours walking home after dark on warm summer evenings, looking up at the amazing starry sky, talking about where we would end up in the future. We are still friends, and we still find time for the occasional lunch or phone call. Diane says that when we talk, it's as though we were never apart.

When we first moved to Langley, we were greeted by a plant at the front door, "from the Utendales". We didn't know them from Adam, but they lived right next door, and I phoned and thanked Mrs. Utendale for the beautiful flowers. She said, "Call me Gladys". For the next twenty years, we would chat when we met at the mailbox. We'd get glimpses of their kids coming and going, and they'd see ours as they grew. Then Gladys asked me to come to a meeting of the CFUW, and I found out how much I'd been missing, as Gladys and I spent time together. She knew everything and everybody, and I marvelled at her knowledge. Then one day she was gone.

But Elva Reid was there. Gladys had introduced me to Elva at that first meeting. She was a marvel, a walking encyclopedia. Elva knew everything you would ever want to know about the CFUW. She had done

it all, and she knew all the facts and figures. Elva had a twinkle in her eye and a devilish laugh that told you she probably knew all the skeletons in closets too.

Gladys had done a "Friends Across the Border" party at Elva's house in Crescent Beach, so Elva took it for granted that I would "take it over". We held the party and had a great time, then had another one last summer. According to our members, it was the highlight of the year. Elva was like a general – she was incredibly well organized, and you knew that she had everything well in hand – always.

Elva was reliable, knowledgeable, friendly and competent. She was also incredibly generous – with her time, with people, and with charities she believed in. She loved and was proud of her children and grandchildren, and valued the deep roots she had in her community of Crescent Beach.

Careers can come and go, relationships work or don't work. But when you have a friend, a really good friend, there's only one thing that can end that friendship.

Goodbye, Elva. I know you are in good company, but tonight I am missing a friend.



CLUB NEWS



"If not you, who will act?"

General Meeting and Program

Date: **April 25, 2015**
Time: **11:30 am - 1:30 pm - please note the time change!**
Where? **WHITE ROCK COMMUNITY CENTRE,**
15154 Russell Avenue, White Rock, BC, V4B 0A6
Program: ***What 'Tattoo', the Painted Horse, has Taught us about Bullying***



Marilyn Dyer-Seidel's life-size horse statue, *Tattoo*, was vandalized twice very viciously as it stood in Brookwood Park. She soon realized that these criminal acts had a societal cause, and it was bullying. Using her artistic ability, she illustrated the damage of these events, and wrote the story of *Tattoo's* plight. The book had already had province-wide attention by government and school boards. It has led to powerful statements about bullying.

The beautifully illustrated book is being published now, and Mari hopes to have copies available at the meeting. We also plan to mount the twenty-seven 10"x20" illustrations from the book, which are true works of art.

Tattoo is a powerful story of an ugly and very disturbing problem in modern society, which Mari is addressing in her own unique way. It will be a short address, as Mari hopes to generate a discussion amongst members, our guests, and invited artists from the community.

We would like to thank Joan Arwick, Doreen Hoath, Joan Hoyles and Lynda Ecclestone for providing the refreshments for the April meeting.

THE HISTORY OF ONE OF OUR CFUW CLUB TREASURES

submitted by Lois Hunter, Archivist

Jay Donald has been compiling an inventory of our stored CFUW items and asked about our Club gavel. I am happy to report that the gavel is part of our archival collection at the White Rock Museum & Archives.



The Museum has completed an extensive revitalization project of the 1912 train station that provides larger collections and archival storage areas. Our White Rock/Surrey CFUW Club contributed to this project, and we have our own engraved brass "Train Plaque" as a permanent legacy on the promenade in front of the station.

The Club's gavel, which was used for many years, was turned over to the Museum for integration into our archival records and memorabilia in 2011. This wooden gavel, in a protective case, was presented to the Club by charter member, Miss Edith Pullan, B.A.Sc. (Nursing UBC 1948). The gavel and case were carved by her father for use of Club Presidents from the start of our Club in 1958. As recent Club Presidents did not wish to use the gavel, it was felt to be more safely stored at the Museum where it is available, should we need it.



BURSARY FOUNDATION NEWS



.... to the Members for their generous donations to the Bursary Foundation April 2014 - March 2015

Mary Fran Bateman

Elizabeth Bordeaux

Jay Donald

Lynda Ecclestone

Linda Lee Henriksen

Doreen Hoath

Lois Hunter

Sandra McKenzie

Jean Putman

Sylvia Riddell

Ann-Marie Steenge

(submitted by Sylvia Riddell)

An Update on our Bursary recipient

Last year's bursary recipient, Nelly Saber, has contacted us with an update of her educational journey. We appreciate knowing how she is doing and the fact that she has taken the time to keep us informed.

Here is an excerpt from her email:

I just wanted to let you know that the research I have been working on involving treating type 2 diabetes with stem cells was published two weeks ago in the journal Stem Cell Reports:

<http://www.cell.com/stem-cell-reports/abstract/S2213-6711%2815%2900067-3>

BC Global News also did a segment where my supervisor Dr. Jenny Bruin talked about our research. You can even see me briefly on the computer about 2 minutes into the clip:

<http://globalnews.ca/news/1893375/ubc-research-project-tests-dna-for-better-drug-therapy-and-dosage/>

Additionally, I have recently been accepted into UBC's Genome Science and Technology graduate program with my first year of tuition fully paid for and will be starting my Master's of Science this September.



I hope you and everyone from the CFUW Bursary Foundation are doing well!

*All the best,
Nelly Saber*

This and That....

Telephone Committee

submitted by Elizabeth Bordeaux

After consulting with members of the Telephone Committee, the Board decided that it is no longer necessary to telephone club members about upcoming meetings. Every member of the club has email, and we now have a policy of sending out three meeting notices: the first in the newsletter; a second on the club gmail ten days or so before the meeting; and the last, a gmail reminder 2-3 days ahead.

The Board wishes to thank Jay Donald, Lynda Ecclestone, Patricia Jahnke, Mary Ann Moffat-Meder, and Jutta Mordhorst for volunteering for this committee.

Mary Ann would be happy to continue calling anyone who would like a telephone reminder, please let her know if you wish to be on her list.

Quebec City AGM Up-date

submitted by Helen Christiansen

The Charitable Trust Boutique at each CFUW AGM is very popular and is visited by most delegates several times. It is a true "boutique" and sells a wide variety of items brought by attendees.

The money earned from sales is put into the Charitable Trust to provide scholarships and grants.

At this year's AGM, the Boutique is being run by the Montreal South Shore Club. They would appreciate it if we would consider donations of small items that returning delegates could buy to take home as gifts. Several of our Interest Groups have had ideas for donations.

We will collect items donated at the monthly meetings in April and May. You can also give donations to Lois Hunter, Monica von Kursell, or Helen Christiansen.

Our Members



Welcome, Karen Peplow

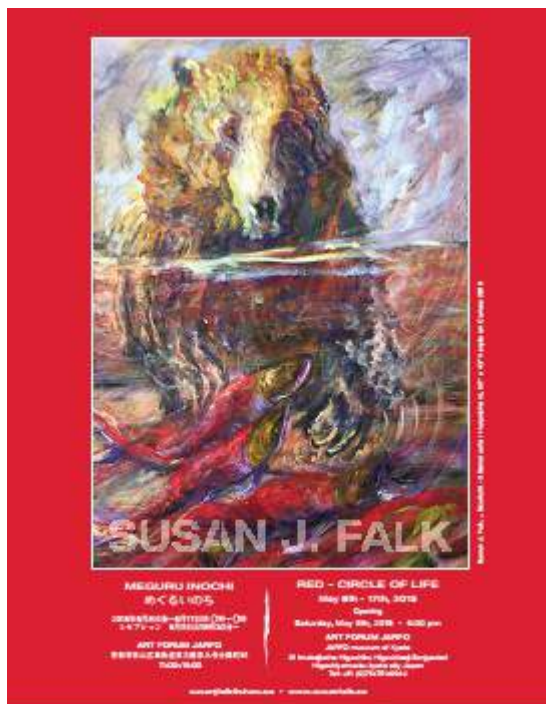
I was born in New Westminster and lived in Maillardville and Coquitlam until I went to the University of British Columbia.

At the height of the Vietnam War, I broke off my education in Asian Studies and set sail for Sydney, Australia, where I worked for about 14 months as a library clerk at Standard Telephone & Cables on the outskirts of Sydney. Then, I flew home through South-East Asia visiting the Borobudur Temple in central Java and the temples of Bali. After having visited Bangkok, Phnom Penh in Cambodia, Hong Kong, Tokyo, and Fairbanks, Alaska, I settled into a library clerk's position at the UBC Main Library and completed a B.A. in History. After I left the UBC library, I completed my Education Degree and

started work as a Teacher-On-Call with the Vancouver District.

I was completing my Diploma in Library Education when I was asked to join three other people to evaluate books for the B. C. Non-Fiction Book Prize for 1992. After seven years working as a Teacher-Librarian and teaching Consumer Education, I took my M.Ed. in Teacher-Librarianship and taught half-time Library, Social Studies 9 & 10, and ESL at Riverside Secondary. It was the result of my interest with the International & ESL students that I took my diploma in ESL and developed three district award winning programs to help these students adjust to Canadians and Canadian society: *the Host Program; the Korean Drummers; and the Multicultural Club.*

I retired in June of 2012, but continued my love affair with old temples, churches and nature, with student trips to Tanzania and the Ngorongoro Crater, Ephesus in Turkey, and Florence in Italy. At the end of January, 2015, I finally made the move to White Rock and look forward to participating in the rich culture that residents have developed in this area while enjoying the sunrises and sunsets over the water.



Congratulations to Susan Falk who is having a show of her art in Kyoto, Japan, on May 9 - 17, 2015



ELVA REID

1930 – 2015



We are all very sad to lose Elva, who was a great contributor to the welfare of our club the entire time she belonged. She joined CFUW White Rock/Surrey in 1985, after she returned to Canada from California, and almost immediately became head of our Education Committee. In 2000-2001, she was club president, and in 2012 she cheerfully volunteered to take on the onerous task of Program Chair, a position she held until earlier this year, when her failing health prevented her from carrying on.

We will miss Elva's enthusiasm, her innovative ideas, her passionate commitment to the welfare of women and children, her delightful personality and her beautiful smile. We will miss her wonderful July parties at Crescent Beach, when the whole club was invited to celebrate July 1st and July 4th. We will miss hearing about the causes she was passionate about – often getting involved ourselves – and we will miss her enormous contributions to our club.

To quote her family, Elva was a friend, a mother, an aunt, a grandmother, a sister, a partner, a mentor, a confidante, a gardener. She had a razor sharp intellect, was inquisitive, funny and adventurous and loved everyone she met. She led fund raising and was central in creating the Tong Louie Surrey YMCA, she ran the Tiny-Y Pre School, taught new ECE teachers at Douglas College and at UBC, was active in her PEO group, the White Rock/Surrey branch of the Canadian Federation of University Women, the Surrey Historical Society, and Third Age Learning at Kwantlen College (TALK). She was a greeter at the 2010 Vancouver Olympics and a huge supporter of the Crescent Beach Swimming Club. She was on the board at Alexandra Neighbourhood House and was a long-time gardener at the Dunsmuir Garden. Her accomplishments were truly extraordinary.

Our club has lost an outstanding member who will be remembered with great respect and affection by us all.

(Elizabeth Bordeaux)

WENDY FIDGEON

It is with much sadness that we report that longtime former member of our club, Wendy Fidgeon, died on April 2, after an incredibly courageous struggle with Parkinson's disease.

(Elizabeth Bordeaux)



INTEREST GROUPS ACTIVITIES

Art Appreciation Group Visit to Deborah Putman's Studio

submitted by Gloria Tiede



"Totem: From the Boreal"

When we Art Appreciation members entered Deborah Putman's studio on March 18, the paintings on the walls grabbed our attention and didn't let go. Our intrepid leader, Mari, suggested three times that we pour ourselves a cup of coffee and sit down before we unglued our attention from the walls and found our seats.

Then Mari asked each of us to draw a tree on a small piece of paper. After about two minutes the drawings were spread out, so we could look at them as Mari talked about how the subconscious in each of us "sees" trees differently. Each of our drawings was unique and that gave us a personal connection to the unique paintings hanging around us. We began to think about the role of the subconscious in art. And so we were expertly primed. This meant, when Deborah began to speak, her words landed in us.

Deborah told us she very much believes in the subconscious. So, she meditates before she paints. She listens for a word, an image or a beginning sense of something that continues to unfold as she spreads the paint. Llamas down the street, budding branches in the yard, dogs, turtles, owls, ravens and the lions of her dreams are just some of the many things that feed her subconscious.

I was mesmerized by a series of 12 square canvases. Deborah painted the top of something on one canvas, the middle of that thing on another canvas and then the bottom of the same image on the third canvas. What is unique is she hangs the bottom of one image below the middle of a different image and so on, so they don't "go together" in the rational mind. I sat there recombining all the different parts to see if I could figure out what matched. What surprised me was this didn't feel gimmicky and neither was it frustrating. I suspect it put me in a meditative state where I enjoyed the feeling embedded in the oneness of everything even while my mind playfully insisted on matching parts. Since the images came from subconscious meditation why wouldn't they invoke that in the viewer? That's what is so powerful about alive images---they bypass the head and go straight to the heart.

Our group went from a feast for the eyes at Deborah's to a feast for the belly at Sheila's Bistro. Deliciousness all around and good company too.

Deborah just finished showing some of her work at the Surrey Art Gallery. April 16 to June 8 she will be exhibiting and selling at the Amelia Douglas Gallery at Douglas College in New Westminster. That show is titled *Icons: Sacred and Profane*.

VANCOUVER SYMPHONY AT THE BELL CENTRE 2015 – 2016

submitted by Linda Lee Henriksen

This is a reminder that now is the time to subscribe to next year's season for the **Vancouver Symphony Surrey Nights!** New subscribers are very welcome! We have a special group rate of \$142 for the season of five concerts.

Next season's conductors will include Bramwell Tovey and beloved Kazuyoshi Akiyama as well as a couple of hot young conductors who are worth hearing. Four world-class pianists will be the featured artists. More information can be found at <http://www.vancouverSymphony.ca/series/15SUR/> .

You may also subscribe for your spouse and/or friends at the group rate.

To subscribe, send a cheque for **\$142 for each subscription**, made out to Linda Lee Henriksen, 12239 Gilley Street, Surrey, BC, V4A 3C9.

Looking forward to seeing you next season!



GOLF FOR BEGINNERS

(submitted by Joanne Cunningham)



Spring is here and we are starting to think about the new interest group "Golf for Beginners" This group is for true beginners or those who haven't played for so long, they want to start over.

I think we should meet to discuss how we would like the group to progress.

- Should we start with lessons ?
- What Par 3 course would you like ?
- What day is best for most participants ?
- What equipment do you need to get started ?
- What else do you want to know? Cost ? Clothes ?

To answer these questions and to get organized, I would like to have a meeting at my place on Monday, April 20th at 1 pm. If you are interested, please give me a phone call at 604.541.2432. or email me at joannecunow@gmail.com

CFUW NATIONAL NEWS

compiled and submitted by Sue Foley-Currie



CFUW NEWS UPDATE

- The CFUW motion to postpone IFUW's name change to September 2015 was ruled out of order. However, the CFUW Board is working in the best interest of Clubs and continues to support international commitments.
- Clubs can apply for two CFUW awards prior to April 30 – the Special Projects Award and the New Members Award.
- There is time to register for the AGM on June 18-22 in Quebec City. The early bird discount ends May 18, and the final deadline is June 9. Contact cfuw@proreg.ca

CFUW BC Council & Clubs Update

"If not you, who will act?"

- CFUW Victoria developed an 'After Five Network' to engage members at multiple levels who are still working. Included are: sharing work opportunities, revamping the website and social media, modernizing and branding, as well as attracting and retaining new members.
- Linda Lehr is President of CFUW North Vancouver, and Phyllis Scott is Chair of the Issues and Advocacy Interest group CFUW North Vancouver and CFUW West Vancouver.

IFUW Update

- At the past Istanbul Triennium, a decision was made by 68% of the membership to maintain a central office in Geneva with staff to respond to the various functions of the organization.
- Only 30% of all science researchers and 12% of all engineers are female.
- The next IFUW Board meeting in Geneva is April 19 - 23, 2015.
- The Women Graduates Union Mumbai (a branch of the Indian Federation of University Women's Association) held a panel discussion on domestic violence. It included education as empowerment to prevent or deal with domestic violence, how to deal with violence behind closed doors and legal recourse.



CFUW White Rock/Surrey Interest Groups ~ Activities and Leaders

Monday

Dames Who Dine

1st Mon., 5:30 p.m.
Trudy Handel;
Georgia Fontaine

Duplicate Bridge

2nd Mon., 1:00 p.m.
Betty Bishop;
Donna Freeze

Symphony at the Bell Centre ~

Linda Lee Henriksen

Club Cuisine

5-6 times a year
Elizabeth Bordeaux

New Members

Elizabeth Bordeaux

One-to-One

Literacy Group

once a week
Patricia Hyde

Tuesday

Alpha Book Group

2nd Tues. 1:30 p.m.
Shirley Nord

Who can play, Who can host?

Bridge

Tues. & Fri.,
9:30 a.m.
Sandy McKenzie

The Bridgets

Afternoon Bridge

1st & 3rd Tues.,
1:00 p.m.
Monica von Kursell



Wednesday

Afternoon Matinee-Dinner

2nd Wed., 3:00 p.m.
(varies) Sandra Kraft

Golf for Fun

Wed. Afternoons
Sandra Kraft

Art Appreciation

3rd Wed. (varies)
Marilyn Dyer-Seidel

Thursday

Fully Booked Book Group

2nd Thurs. 1:30 p.m.
Joanne Cunningham Kraft

Newbies Bridge

1:30 p.m., Thurs.
Monica von Kursell

Evening Book

2nd Thur., 7 p.m.
Marjorie Mooney

Friday

Stitch and Chat

2nd Fri., 1:00 p.m.
Joan Hoyles

French Conversation

3rd Friday
1:30 –2:30 p.m.
Sylvia Riddell

Environment

4th Friday
1:00 p.m.
Mary Ann Rainer

Interest Group Info*

For more information contact Interest Group Leaders,

or you may contact **Anne Low**, Interest Groups Coordinator
Telephone - 604-538-7104.

Email – anne99low@gmail.com

***Groups subject to change.**



Need a Ride to Meetings?

If you are unable to attend because you don't have transportation, please call **Sandra Kraft at 604-535-8824**. Sandra will find a ride for you.

Member Resources

NEWSLETTER COMMITTEE

Editor and Layout - Veronika Bichler
Proofreaders - Elizabeth Bordeaux
 - Helen Christiansen
 - Monica von Kursell
Email Distribution : - Veronika Bichler

Deadline for May Newsletter submissions is Friday, May 8, 2015

Please submit news by email with the subject line 'Newsletter' to: vbichler@shaw.ca

Ads are prepaid. Please contact our Club Treasurer, Eileen Ennis. email: wennis@telus.net

Web Resources for Members

CFUW Facebook page

<https://www.facebook.com/pages/CFUW-White-RockSurrey>

and the closed group page

<https://www.facebook.com/groups/1547358335477392>

(to access, you must be a member of Facebook)

CFUW White Rock/Surrey

www.cfuw-wrsurrey.org

BC Council

<https://sites.google.com/site/cfuwbccouncil/home>

CFUW (National)

www.cfuw.org

IFUW (International)

www.ifuw.org

Semiahmoo Arts

www.semiahmooarts.com

Arts Council of Surrey

www.artscouncilofsurrey.ca

Send a Card... Please advise Elizabeth Bordeaux about any member of our Club who is ill or bereaved, so she can send a card. Contact information: **Telephone - 604-538-1477; Email - ebordeaux@shaw.ca**

Please contact Membership Chair, Anne Low, for notification of changes to your contact information:
Telephone - 604-538-7104;
email: anne99low@gmail.com

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