



White Rock / Surrey

**Volume 22 Number 5
February 2022**



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Diane Salter Menzo

PRESIDENT'S MESSAGE

There is much to celebrate in February. Will flowers and chocolates come your way for Valentine's Day on the 14th? Did the groundhog see his shadow on the 2nd? Do you have plans for Family Day on the 21st?

February marks the beginning of the Chinese Lunar New Year. This year, we bid goodbye to the Ox and welcome the Year of the Tiger. Was your birthdate in a Tiger year (1926, 1938, 1950, 1962, 1974, 1986)?

For those born in the year of the Tiger, the Chinese zodiac predicts more disruptions and instabilities in the year to come. The way we behave towards others at the beginning of the new year (saying good words to friends and family) is predicted to influence our luck during the year. Also, wearing red

socks and underwear is believed to ward off the bad luck – perhaps for Valentine's, we should splurge on some new accessories instead of traditional roses!!

The Tiger also symbolizes courage and bravery. Let us be hopeful that 2022 will bring forth our resilience and strength as we continue to face challenges yet to come. According to Jonathan H.X. Lee, professor at San Francisco State University, in Chinese culture, the Tiger is considered as a positive sign and is often associated with the 'defeat of evil'. Lee says that while the world has experienced several difficulties in the years of the pandemic, Chinese mythology dictates that the Year of the Tiger could offer hope amid the challenges.

Whatever your plans for the coming month, I hope, we will all have the courage of the Tiger to embrace the opportunities and challenges that may lie ahead.

Let's eat chocolates, don red socks and underwear, be kind to ourselves and others and think positive thoughts.

Looking forward to seeing you in our future meetings, whether on zoom or face to face.



MESSAGE FROM Joan Henderson, VICE PRESIDENT

A number of webinars are being presented in the next few weeks that might be of interest to members:

1. Feb 22/2022 @ 6:30 EST via zoom
Indigenous Perspective on Improving Education on the Path to Reconciliation - sponsored by CFUW Indigenous People's Sub-Committee
2. Feb 9/2022 @ 11:30 am EST
Indigenous Solitary Workshop - hosted by Equal Futures Network
3. Feb 9/2022 @ 3:00pm EST
CSW 66 and Beyond: Discussions on Gender, Youth & Climate - The Young Diplomats of Canada, former Minister of Environment & Climate Change Hon. Catherine McKenna & Y of C alumni Carla-Anide Guillaume & Julie Segal are on a panel discussion on engaging young people in global climate decision making.
4. Tues Feb 15/2022 6:00 - 7:30 pm EST
Valuing Women's Work: Pay Equity in Action - Panel discussion with Johanne Peron, Laurie Anderson, Nancy Stapley and Fay Faraday
5. Feb 28/2022. 7:00 pm MST - CFUW Edmonton - Speaker Dr. Russell Cobb
- **in recognition of Black History Month**
- **research on the black settlers in Alberta from Oklahoma**

Information about these sessions, and how to register, is in the CFUW National Feb 2022 newsletter.

PROGRAM COMMITTEE

(Lynn Robertson, Program Committee)

Our February General Meeting Presentation "50 Women of Options"

Over the past few years, we have learned more about programs aimed at helping women and youth at-risk.

Surrey has the second highest number of individuals affected by homelessness. For those individuals faced with multiple challenges to be successful and self-sufficient members of our community, we know life is not an easy path. The absence of affordable housing is one of the biggest issues faced by people who reach out to 'Options Community Services'.

'Options Community Services' is a registered charity, that has been in this community for fifty plus years with a staff of over 600 plus. Their focus has been to help and provide support to those in need. With more than 80 programs serving over 100,000 each year in Surrey, Delta, White Rock and Langley, their mission is to inspire hope and belonging for all by building a healthy and caring community where everyone thrives.





In 2020, the campaign called '50 Women of Options', was initiated to raise funds to help build a 100-unit affordable housing complex on King George and 81st Ave. Fifty women from across South Fraser came on board and helped to raise \$1.5M !!!

This year's campaign will focus on developing an emergency fund for youth at risk. Many young people fall through the cracks, because they do not have anyone to support them. This emergency fund will assist youth, where no other funders can.

At our meeting on February 26th, we will have the opportunity to hear from three of the people involved at 'Options Community Services', who are working towards achieving the goal of developing this emergency fund for at-risk youth:



Ginny Hasselfield, director of development, will describe the emergence of '50 Women of Options ' and their projects.



Tammy Dyer, deputy executive director, will provide us with background information for the rationale and importance of building an emergency fund for at-risk youth.



Noemy Rodas, program assistant manager and youth worker, will talk about the state of youth in Surrey and highlight some pilot projects underway to support youth in our community.

You are invited to join us on ZOOM

Date:	Saturday, February 26, 2022
Time ;	10:00 Zoom opens for visiting with friends 10:30 Meeting starts
	Watch for an E-Blast inviting you to register for the meeting
Topic:	'50 Women of Options' - Helping Address the Needs of Our Community

Looking forward to seeing all of your smiling faces on the 26th !

SOMETHING TO FEEL GOOD ABOUT

If you didn't know before, but attended the January 22, 2022 CFUW general meeting on zoom, you now know, we have a priceless 'gem' in our community. Our guest, Elodie Bezubiak, Peach Arch Hospital (PAH) Foundation philanthropy officer, told us about the funds that made possible an impressive list of foundation projects planned, underway and completed, with the monetary support of the very giving community, which it serves.



Peace Arch Hospital

She told us about 'Zippy', the robot that moves through the hospital, enhancing and supporting the disinfecting carried out by humans. 'Zippy', an ultraviolet germicidal irradiation unit, is well worth the one hundred and fifty thousand dollars 'he' cost, particularly now with the relentless pandemic. 'Zippy' is one piece of the new equipment, purchased this year, funded with nearly 2 million dollars raised from donors. Each year, a campaign is mounted to fund new equipment, which ensures the hospital has new and innovative, and replacement, equipment needed. The old equipment is

refurbished and sent to a third world hospital, along with a team to teach the use of it in its new location.

In 1954 when the hospital opened, it had 54 beds, 5 doctors and 10 nurses. Today, it is one of the largest employers in White Rock. It began with huge and very effective support from the community, and that continues today. The recent community and medical reaction to the announced closure of the maternity ward is proof of that. It will not be closed, because of that huge rally of support. The 1000-1200 babies expected to be born there this year, and their families will appreciate that! The problem that led to the threatened closure still exists, but arrangements have been made to deal with it now, and there is hope that a permanent pediatric ward, which will attract pediatricians, will be part of the new development plan, and permanently solve it.

Back in 1954, White Rock/South Surrey was a retirement community. Today, the population has grown by 55%, and there are many more young people. The community has changed. The new development plan will consider the needs of that larger and changed community. Did you know, that the cost to operate PAH, is well below that in other similar sized hospitals?

The new ER, which opened unofficially on January 22, 2022, was part of the current development plan. It features covered access for 3 ambulances, with their own entry into the unit. Patients will have their own room, with a door! There is a triage area, accommodation for isolation, if required, more treatment areas including mental health and pediatrics, a dedicated elevator to move equipment from one area to another without the burden of constant disinfecting, and five surgical suites above. The old ER will be repurposed by next year.

Part of the mission of PAH is to advocate and support the health and wellness of the community – an unusual feature and unique among hospitals. A Rapid Response Program has been established to address this. Twenty rapid response grants have been given to groups, such as Sources and The Hospice Society, as well as for health care programs, and staff education. The emergency fund created during the pandemic provided 20,000 meals for staff unable to bring food from home for various reasons, and a closed cafeteria. Seventy businesses and others in the community donated, and the fund purchased locally. Thirty-one iPads were purchased or donated for use by patients, so they could connect with their families during visitor restrictions.

Many years ago, Amy Weatherby donated 5 acres to PAH, enabling the now completed, but not yet opened Foundation Lodge, a residential care facility, another of the projects in the development plan. It has 200 beds, including 73 elder mental health, and 15 hospice. Outdoor spaces and gardens, and fresh, made on site meals will ensure patients' stays are as comfortable as possible.



Peace Arch Hospital Foundation Lodge

Still to come in the development plan are the Marcie Unger medical imaging project, better patient nutrition, and a return to in-person events.

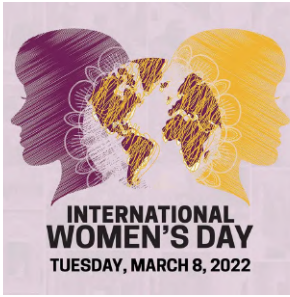
It's a two-way street. The community involvement and support made last year one of the best years for the foundation. They, in turn, have and will continue to support the community with needed equipment, new and enhanced facilities for PAH, and quick response to community needs.

YES, SOMETHING TO FEEL GOOD ABOUT!

Elodie's presentation, in Marjorie Fox's words, was "interesting, informative, and uplifting". At Elodie's request, her honorarium will be donated to the PAH Foundation.

(Karen Webster for the Program Committee)





INTERNATIONAL WOMEN'S DAY

International Women's Day (IWD) is March 8th.

IWD has been marked on March 8th for over a century and grew out of efforts in the early 20th century to promote women's rights, especially suffrage. Women's organizations around the world will be holding events to commemorate accomplishments, past and present.

It is a day, when CFUW members across Canada come together to celebrate the social, economic, cultural, and political achievements of women by organizing IWD events, such as panel discussions, conferences, rallies, and film screenings.

Check out our CFUW International Relations Committee, which is a useful source of what is happening across Canada.

In looking back through our archives, our own club has celebrated IWD in several ways, and one, that is memorable, is a luncheon, that we shared with guests from our sister club from the Bellingham Branch of AAUW. Eighteen of our club members had lunch with thirteen Bellingham Branch members at the Beecher Street Café. President, Jean Putman welcomed our guests and Bellingham's president, Margo Hammond, had made a quiz. It was challenging and fun as the Canadians had to answer questions about Washington State, and the Americans had to answer ones about B.C..

Why not celebrate this year on March 8th by getting a group together and going out for lunch? Our Alpha Book Club has a planned luncheon meeting that day. Fingers crossed, it will not be a zoom session.

(Lois Hunter, Club Archivist)



***Celebrating a new project? Announcing a community event? Teaching a course?
Having an opening? Won an award? Other news?***

At CFUW White Rock/Surrey, we welcome and encourage member announcements to celebrate events and share news, that would be of interest to our members.

If you would like to make an announcement at the general meeting, please send an email to dianesaltermenzo@gmail.com with the following information:

In the **subject line of the email**, please put 'Announcement for (date of general meeting)

In the **body of the email**, please include: Your '*name and a short summary*' of what you will announce.

NOTE: We would like to allow time for anyone who wishes to make an announcement to do so; therefore, please keep your announcement to **2 minutes or less**. (At an average talking speed, 2 minutes is the time it takes for 260 words.)

Please note, that your email **MUST BE DIRECTLY ADDRESSED** to dianesaltermenzo@gmail.com
Thank you.

INTEREST GROUPS

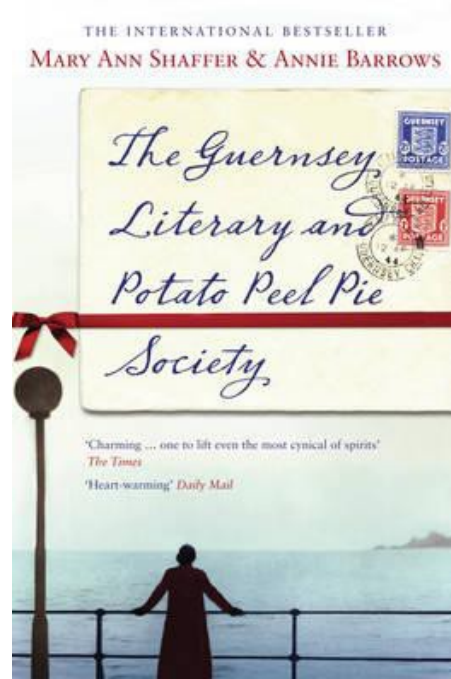
THE FULLY BOOKED BOOK CLUB (Lois Hunter)

We presently have three active book clubs that have been a hallmark in our many interest groups over the years.

Looking back in our archives, the separate groups have often reported on what they were currently reading. What was the fully booked group reading in 2009? One of the more memorable occasions was the time the club members met at Joanne Cunningham's home to discuss the novel, "**The Guernsey Literary and Potato Peel Pie Society**", by Mary Ann Shaffer and Annie Barrows. They then celebrated by delving into Marilyn Dyer-Seidel's delicious potato peel pie. Club members also included: Jane McNamara, Agnes Glynn, Joan Clark, Mary Ann Rainer, Joan Hoyles, Phyllis Atkinson, Gloria Kelly, and Linda Lee Hendriksen.

"In January of 1946, writer Juliet Ashton, receives a letter from a stranger, a founding member of the Guernsey Literary and Potato Peel Pie Society", and so begins a remarkable tale of the island of Guernsey during the German occupation in WWII, and of a society as extraordinary as its name. The letters that make up this novel shed light on the suffering of the channel islanders during the German occupation, and their unique sense of humor and positive outlook. It shows how reading brings people together and sustains them through rough times.

This is a book everyone should read (I just re-read it). You may have even seen the movie.



ALPHA BOOK CLUB (Kristin Baillie)

Our Alpha Book Club has continued to meet during these times of isolation, and we are all becoming experts in managing zoom calls! While none of this is ideal, we are soldiering on with lively discussions about our book selections, as well as our general love of books. We certainly miss the face-to-face luncheons, but soon we'll be back to them.

We are always happy to welcome new members to our group so feel free to contact me at bailliekris@gmail.com!



*Top row l to r: Diane Salter Menzo, Kristin Baillie, Sylvia Riddell, Maureen Walton
Bottom row l to r: Lois Hunter, Ann-Marie Steenge, Judith Allerston*

CFUW White Rock/Surrey Interest Groups ~ Activities and Leaders

Monday

Dames Who Dine
1st Mon., 5:30 p.m.
Ann-Marie Steenge

Duplicate Bridge
2nd Mon., 1:00 p.m.
Betty Bishop; Donna Freeze

Club Cuisine
4 times a year
Anna Ferguson

One to One Literacy Group
once a week
Carolyn Oram



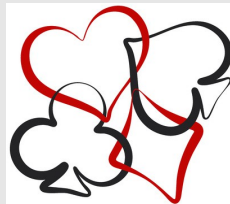
Tuesday

Alpha Book Group
2nd Tues. 1:30 p.m.
Shirley Nord

Evening Book Club
3rd Tues., 7 p.m.
Kathy Steele

Who can play, Who can host? Bridge
Tues. & Fri.,
9:30 a.m.
vacant

The Bridgets Afternoon Bridge
1st & 3rd Tues.,
1:00 p.m.
Janice Cook



Wednesday

Afternoon Matinee-Dinner
2nd Wed., 3:00 p.m.
(varies)
Barbara Cook

Golf for Fun
Wed. Afternoons
Sue Foley-Currie;
Donna Freeze

Art Appreciation
3rd Wed. (varies)
Lorna Patterson
Marilyn Dyer



Thursday

Fully Booked Book Group
2nd Thurs. 1:30 p.m.
Joanne Cunningham

Newbies Bridge
1:00 p.m., Thurs.
Sandra Kraft

Thursday Morning Coffee
2nd and 4th Thursday
of the month
Sue Foley-Currie
Sylvia Riddell

Couples Dining Out
Diane Salter-Menzo
Symphony
vacant
Travel
Diane Desjardins
Felt and Chat
Diane Salter-Menzo

Friday

Stitch and Chat
2nd Fri., 1:00 p.m.
Linda Tedman

French Conversation
Friday 1 p.m. on
Zoom
Sylvia Riddell



Interest Groups Info*
For more information contact Interest Group Leaders,
**Groups subject to change.*

MEMBER RESOURCES

Web Resources for Members

CFUW Facebook page

<https://www.facebook.com/CFUW-White-RockSurrey-1491088411167597/timeline/>

and the closed group page

<https://www.facebook.com/groups/1547358335477392>

(to access, you must be a member of Facebook)

CFUW White Rock/Surrey Website

<http://cfuwwhiterocksurrey.com/>

BC Council

<https://sites.google.com/site/cfuwbccouncil/home>

CFUW (National)

<http://www.cfuw.org/>

GWI (Graduate Women International)

<http://www.graduatewomen.org/>

Semiahmoo Arts

<http://www.semiahmooarts.com/>

Arts Council of Surrey

<http://www.artscouncilofsurrey.ca/>

NOTE:

just click on the URL and you will be taken to the respective website.

Please contact Membership Chair, Faye Koll, if you have changes to your contact information:
Telephone - 604-599-0714;
email: kollfm@shaw.ca

Send a Card... Please advise **Linda Tedman** about any member of our club who is ill or bereaved, so she can send a card. Contact information: **Telephone 604-536-4898;**
email: lindatedman@gmail.com



NEWSLETTER COMMITTEE

Editor and Layout - Veronika Bichler
Proofreader - Helen Christiansen

Email Distribution : - Veronika Bichler

Deadline for March 2022 Newsletter submissions is Saturday, March 7, 2022. Please submit news by email with the subject line 'Newsletter' to: vbichler@shaw.ca

