



White Rock / Surrey

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PRESIDENT'S MESSAGE



Trudy Handel

There is a beautiful little village on the western shore of Scotland in Carrick, South Ayrshire, named Ballantrae. It is a little hamlet with a low waterfront beach and a single main street that runs through the town, skirting ancient cemeteries. Offshore is a volcanic island known as Aisla Craig, a prominent landmark since the Iron Age. In Gaelic, the town is called *Baile na Tràgha*, which means, rather prosaically, "town by the beach".



In 1827, a man named Gilbert McWhirter and his wife Janet Cochrane left this safe, quiet little village for the new world. They landed in what is now Nova Scotia, then moved across the Bay of Chaleur to settle in New Richmond, now Quebec. There was no Canada, there was only a new life in country wilder than they had ever imagined.

I know a lot about Gilbert and Janet, because they were my great-great-grandparents (and the newcomers to North America, in terms of my family tree – the rest arrived a couple of hundred years earlier).

It is hard to even imagine how difficult their lives were on this brand-new continent. We have some of the letters that Gilbert wrote back to his brothers still in Scotland, and the ones they wrote to him. Cursive writing was very meaningful then – there was no other way to communicate and photos had not yet been invented. You carried your last image of your family members in your head, and nowhere else, forever. Imagine if you can, leaving everything – your home, your culture, your friends and relatives – and knowing that you'll never see them again.

The other, earlier immigrants in the other branches of my family left their homes for a variety of reasons –

some were transported, some were fleeing religious persecution. They all ended up in North America, in places named "New" – New York, New Hampshire, New England, Nova Scotia (New Scotland), New Richmond, long before there was any thought of countries here. The settlers tried to keep their memories alive by naming their "new" home after their old one.

There has been a great deal of discussion about immigration recently, and some of it has been very negative. North America has provided a sanctuary for hundreds of years, a place where people could settle, for whatever reason, and establish a safe, productive existence, regardless of their past (even the ones that were transported!)

Like my family, these new immigrants left a great deal behind, leaving because of war or famine, or simply to make a better life for their families. Technology has changed, and many of them may be able to retain contact with family and friends, and keep their traditions alive in ways my ancestors couldn't dream of. But in every case, they too are tearing away so much of themselves in order to make this journey.

This time of year is particularly poignant for me when I think of the McWhirters and my heritage from those brave souls that ventured here, and all they left behind to make the journey, to find a better life.

In Scotland, "Should auld lang syne" means, roughly translated, "should old times be forgotten".

Should *old* acquaintance be forgot,
and never brought to mind?
Should *old* acquaintance be forgot,
and *auld* lang syne?

CHORUS:

For auld lang syne, my *dear*,
for auld lang syne,
we'll take a cup of kindness yet,
for auld lang syne.

Welcome to 2016. May it be a truly great year, happy and healthy, for each and every one.



CLUB NEWS

CFUW CHRISTMAS LUNCHEON 2015

Our Christmas luncheon was a wonderful, successful and well attended event with a very entertaining program. There was an auction and a sing-along enjoyed by all. Another highlight, the bake sale put on by our newest members

WAS A REAL SWEET TREAT!

(submitted by Penny Harrington)

The annual Bake Sale at the Christmas Luncheon on December 12th was a huge success due to the culinary efforts of our members. The wide variety of Christmas baking from which to choose, and the artful presentations and decorations on the bake tables, tempted many to stock up for the holidays. There was a good choice of cookies, squares, traditional fruit cakes, candies, and jams available.

With price lists in one hand and markers in the other, new members organized and kept the flow of shoppers moving smoothly upon opening at 11:00 am. Managing the Bake Sale provides an opportunity for new members to bring their "*talents to the table*" while meeting and getting to know fellow members. A good time was shared as they encouraged and promoted the excellent array of goodies.



Once expenses were deducted, our members earned \$615.00 for their fundraising efforts. "Bonne Bouche" indeed! Thanks to all who helped out.



L to R: Pat Poliquin, Penny Harrington, Karen Peplow, Kathleen Johnson, Barb Cook and Doris Horvath (absent: Gillian Adkins)

More pictures of the party, courtesy of Lois Hunter



Margaret Rose and Lois Hunter



Sue Roberts, Ann-Marie Steenge and Gillian Adkins



Trudy Handel and Helen Christiansen



Donna Freeze and Mary Fran Bateman



Jacqui Joys at the piano



Sue Foley-Currie and Susan Wingate

A MESSAGE FROM THE BOARD

- **Call for Nominations for the 2016-2018 Board**

The Nominations Committee is looking to fill some vacancies on the 2016-2018 Board. We are looking for someone to come forward to fill the following: one co-vice president, two members-at-large and some appointed committee positions.

If you have any interest in being involved on the Board or learning about how our club runs, please contact me. You can email me at susanwingate99@gmail.com or call me at **604-734-1055**.

Thank you.

Susan Wingate

- **A new approach to fundraising**

The Board and the Finance Committee have established the position of fundraising coordinator to coordinate all of the club's fundraising activities. The intention is to streamline what we do, when we do it and how we can make it easier for you. Susan Wingate will take on this task until May. If you have any ideas about raffles, bridge events, silent auctions etc., please contact Susan at susanwingate99@gmail.com or call at **604-734-1055**.



AMA HOUSE

(submitted by Sherrill Berg -AMA house liaison)

Dear Members:

Happy New Year and best wishes for a healthy and happy 2016.

I would like each of you to know what a significant impact your gifts have made to the women at AMA House this past Christmas. The privilege they had of baking their favourite recipes filled them with happiness. They not only baked for themselves but they shared their cakes and cookies with the women and children in the home down from them. They also were delighted to be able to give a gift of baking to their loved ones.

Thank you so much for all your kindness and generosity.

You brought immeasurable happiness to people whose lives are very difficult.

With warmest regards.

Following is the 'Thank You' letter received from Maddy Carlington, Program Manager Ama House for Older Women:



T 604 531 9143

F 604 531 9145

January 4, 2016

Dear Cheryl Berg,

My name is Maddy Carlington, I am the Program Manager for Ama Transition House for Older Women, we are a transition house for 55+ women fleeing abuse, located in the White Rock community. On behalf of Atira Women's Resources Society, myself, the staff at Ama, Atria's Board of Directors and especially the women of our programs, THANK YOU so very much for your kindness and generosity!

I want to say just how lovely it was to see the women being able to bake their favorite treats this Christmas. Your gift mugs with self-care products were loved by each and every one of the women and they commented how special they felt receiving them. The baking goods were fantastic women were able to bake their traditional recipes. The cheques you generously donated truly helped each of the women Ama has an amazing Christmas. All of your wonderful gifts have brought great happiness, love and smiles to our residents!

I want to especially thank your support of Atira Women's Resource Society and Ama House throughout the year. Your donations during the Holiday season were particularly generous and kind but it really means so much to us that you are a community support for our women all throughout the year. We hope you know just how much your support and love for us has brightened all of our lives.

Your compassion has helped bring smiles to the faces of the women here at Ama and for that, we are all truly grateful. Please do not hesitate to call us at (604)542-5992 should you have any questions/concerns about any of Atira's many programs and services.

Sincerely Yours,

Maddy Carlington,
Program Manager Ama House for Older Women

Atira Women's Resource Society



CAFÉ FEMENINO COFFEE FUNDRAISER PROJECT

(submitted by Lois Hunter, Project Coordinator)

This Club project is going into its second year after a most successful first year.

In 2015, over \$400 was contributed to the Bursary Foundation. For every pound of coffee purchased, \$4 goes directly back to the Club's Bursary Foundation. Your purchase really does make a difference. The coffee is grown, harvested and processed by women farmers in cooperatives in Peru, Guatemala and Bolivia. By supporting these women and their families, they receive fair trade prices and are now able to educate not only the boys but also the girls and have access to affordable loans. As the coffee is grown organically, without pesticides, the environment, workers and wildlife are also protected.



Our coffee is freshly roasted by the Shuswap Coffee Company in Salmon Arm and shipped to us as needed.

This continues to be a great example of women helping other women to improve their lives.



General Meeting and Program

(submitted by Program Committee)



When: **Saturday, January 23, 2016**
10:30 am - 12:30 pm

Where: **Mt. Olive Lutheran Church**
2350 148 Street (24 Ave. & 148 St.)
Surrey, BC

Program: **MEMBERS' STORIES**

Jutta Mordhorst, a member of long standing and former president, will relate her experiences growing up in Germany during the Second World War.

In our second presentation, President Trudy Handel will share her years working in the male-dominated industry of broadcasting television productions. She will also tell us about her role in documenting and preserving a BC First Nations' history.

Members' guests and potential members are invited to attend.



DIRECTORY UPDATES AND CORRECTIONS

(submitted by Monica von Kursell)

Mei Leng Harper:	Address 26 Ave
Marlene Howard:	Address: Change to #112 Email marlene_howard@telus.net
Eleanor Webb:	Phone number 604 - 542 - 841 8

EVENTS & HAPPENINGS



Ann-Marie Steenge and Sylvia Riddell were attending the annual Langley Weavers & Spinners Artisans' sale held in the historic community hall in Fort Langley.

Our longstanding member, Lois Hunter, is an avid weaver and in the picture, Ann-Marie (on the right) and Sylvia (left) are admiring some of Lois' weaving that was in this juried show.

This sale has been a favourite jaunt attended by CFUW members for a number of years. (submitted by Lois Hunter)

OUR MEMBERS

The Club would like to extend a warm welcome to the following new member:

Lorie Beddow



I was born and raised in North Surrey. I knew in grade 1 that I wanted to be a primary teacher when I grew up, and that is what I did.

My first assignment was in the small northern community of Fort Nelson. During those years, I learned a lot about working with First Nations people, walking to school when it was 30 below, cross-country skiing, and eagerly anticipating any mail from home. My next positions were in Kamloops and Chase. I lived in a house on the Little Shuswap Lake and enjoyed watching the eagles from my living room window. I was laid off due to declining enrolment and used my severance pay to travel to Europe.

I moved back to the Lower Mainland and became very involved with the Teacher's Association when I was hired by the Abbotsford School District. I remained in that district until I retired in June 2014. I loved being a teacher of young children for 35 years: their energy and enthusiasm made my classroom a happy place to go to every day.

However, it was time for me to begin a new chapter of my life, and I have been having lots of fun exploring this gift of time to do whatever I want. On these cold winter mornings, I love staying in my pjs reading and drinking tea instead of jumping in my car to drive from White Rock to Abbotsford on slippery roads. I am getting to the beach more often for walks and going to exercise classes at the South Surrey Community Centre.

I am able to spend more time with my 84 year old mother. She was pleased to finally teach me how to make her shortbread cookies for our Xmas Bake Sale! I enjoy going to France and exploring the art galleries in Paris. Last June I went with my partner to Provence to wander through the villages of the Luberon.

Now I would like to get more involved with my community, and I think this group will help me do that. I look forward to meeting more of you at our upcoming meetings.



INTEREST GROUPS ACTIVITIES

Pictures of year-end activities of our various interest groups



Artist Cora Li-leger and Mari Dyer-Seidel of the Art Appreciation Group



Members of one of CFUW's book clubs

Carol Singing at the Club Cuisine Christmas Party on December 19th.



Pam and Dick Cowan; Clive Griffiths and Sylvia Riddell; Helen and Brent Christiansen



Diane and Bill Salter-Menzo with Hans and Mary Ann Rainer

CFUW White Rock/Surrey Interest Groups ~ Activities and Leaders

Monday

Dames Who Dine

1st Mon., 5:30 p.m.
Trudy Handel;

Duplicate Bridge

2nd Mon., 1:00 p.m.
Betty Bishop;
Donna Freeze

Symphony at the Bell Centre ~

Linda Lee Henriksen

Club Cuisine

5-6 times a year
Elizabeth Bordeaux

New Members

Elizabeth Bordeaux

One-to-One Literacy Group

once a week
Patricia Hyde

Tuesday

Alpha Book Group

2nd Tues. 1:30 p.m.
Shirley Nord

Evening Book Club

3rd Tues., 7 p.m.
Marjorie Mooney

Who can play, Who can host? Bridge

Tues. & Fri.,
9:30 a.m.
Sandy McKenzie

The Bridgets Afternoon Bridge

1st & 3rd Tues.,
1:00 p.m.
Monica von Kursell

Wednesday

Afternoon Matinee-Dinner

2nd Wed., 3:00 p.m.
(varies)
Sandra Kraft

Golf for Fun

Wed. Afternoons
Sandra Kraft

Art Appreciation

3rd Wed. (varies)
Marilyn Dyer-Seidel

Thursday

Fully Booked Book Group

2nd Thurs. 1:30 p.m.
Joanne Cunningham

Newbies Bridge

1:30 p.m., Thurs.
Monica von Kursell



Interest Group Info*

For more information contact Interest Group Leaders,

or you may contact **Anne Low**, Interest Groups Coordinator
Telephone - 604-538-7104.
Email – anne99low@gmail.com
***Groups subject to change.**

Friday

Stitch and Chat

2nd Fri., 1:00 p.m.
Joan Hoyles

French Conversation

3rd Friday
1:30 –2:30 p.m.
Sylvia Riddell

Environment

4th Friday
1:00 p.m.
Mary Ann Rainer



Please note: Duplicate Bridge Group - Second Monday of the month at 1 p.m.

If you would like to be on the spare list, please call Betty Bishop. 604-536 2117 or email betty21a@gmail.com.

CFUW NATIONAL NEWS

compiled and submitted by Sue Foley-Currie



CFUW NATIONAL - NEWS UPDATE

- It is with sadness to announce the death of Dr. Ruth Bell, CM, who was the 19th CFUW President, 1973-76. Ruth was instrumental in setting up the CFUW Charitable Trust.
- CFUW has over 100 clubs located in every province.
- The five CFUW 2016 Proposed Resolutions for review by all clubs prior to March 31 are:
 1. Missing and Murdered Indigenous Women and Girls – Ending the Marginalization of Indigenous Women in Canadian Society.
 2. Fetal Alcohol Spectrum Disorder Diagnosis, Intervention and Support Plan for children, adults and families affected by FASD.
 3. Strengthening the Pest Management Regulatory Agency in Order to Protect the Environment.
 4. Electoral Reform: Adding Proportionality to the Electoral System in Canada.
 5. Sustainable Development Goals.
- There are 23 clubs in BC and all clubs and the BC Council are affiliated with CFUW National and Graduate Women International (GWI - with CFUW being the largest member).

"If not you, who will act?"

CFUW BC Council & Clubs Update

- The BC Council's AGM is April 22-24. It will be held at the Ramada Inn, exit 95 on Highway 1, reservations 604-870-1050 @ \$115 a night. It is hosted by the Abbotsford Club and our club is in charge of the Silent Auction.
- BC Council Nominations are open until January 31 and there is a need for a Communications Chair and an Advocacy Chair for one of the three focus areas.

GWI Update

- August 21-23, the GWI General Assembly for members only will be held in Cape Town, South Africa but the public can join members August 24-26 for the GWI Triennial Conference. Member conference cost is \$580.
- The Australian Federation of Graduate Women (AFGW) actively promotes the fields of science, technology, engineering and mathematics (STEM) to women students and in 2015 awarded three bursaries related to three of the four fields.
- Among women around the world, only 34% have internet access.

Member Resources

Web Resources for Members

CFUW Facebook page

<https://www.facebook.com/CFUW-White-RockSurrey-1491088411167597/timeline/>

and the closed group page

<https://www.facebook.com/groups/1547358335477392>

(to access, you must be a member of Facebook)

CFUW White Rock/Surrey Website

<http://cfuwwhiterocksurrey.com/>

BC Council

<https://sites.google.com/site/cfuwbccouncil/home>

CFUW (National)

www.cfuw.org

IFUW (International)

www.ifuw.org

Semiahmoo Arts

www.semiahmooarts.com

Arts Council of Surrey

www.artscouncilofsurrey.ca

Please contact Membership Chair, Anne Low, for notification of changes to your contact information:
Telephone - 604-538-7104;
email: anne99low@gmail.com

Send a Card... Please advise Elizabeth Bordeaux about any member of our Club who is ill or bereaved, so she can send a card. Contact information: **Telephone - 604-538-1477; email: ebordeaux@shaw.ca**

NEWSLETTER COMMITTEE

Editor and Layout - Veronika Bichler

Proofreaders - Elizabeth Bordeaux
- Helen Christiansen
- Monica von Kursell

Email Distribution : - Veronika Bichler

Deadline for February Newsletter submissions is **Friday, February 5, 2016**

Please submit news by email with the subject line **'Newsletter'** to: vbichler@shaw.ca

Ads are prepaid. Please contact our Club Treasurer, Eileen Ennis. email: wennis@telus.net

Need a Ride to Meetings?

If you are unable to attend because you don't have transportation, please email **Sandra at sandradkraft@gmail.com** Sandra will find a ride for you.

