



White Rock / Surrey

CIUW THE POWER OF WOMEN WORKING TOGETHER

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PRESIDENT'S MESSAGE



Your board at work. Lois Hunter, Carolyn Oram, Linda Tedman, Deb Thorvaldson, Penny Harrington, Diane Salter Menzo, Sandra Kraft, Joan Henderson, Jenny Lindsay, Kristen Bailie. Absent from photo: Faye Koll, Monica von Kursell.

As CFUW clubs across Canada continue with their meetings, some face-to-face, some virtually and some hybrid, organizers and participants face challenges that we could never have dreamed of pre-Covid. Members have risen to these challenges in a way that shows our commitment and resilience. BC Council president, Barbara Du Moulin, reports in 'For the Record', the BC Council newsletter, that her club has now had two face-to-face meetings this fall and describes that 'checking vaccine passports has proven to be just one more minor step in greeting people at the door'.

Over the past several months, the board and program committee of our club has been hard at work planning for the year. We have grappled with the question of 'when do we resume our face to face general meetings?' with a constant collective 'eye' towards the messages from Fraser Health as we also actively monitor how other local

groups are gathering, whether in churches, public recreation facilities, or other CFUW clubs. Based on our observances, we have targeted our first in person general meeting for November 27th. Safety and comfort levels are our key priorities as we slowly and carefully move forward.

We had a taste of 'getting together in person' at our 'directory pickup party' in Redwood Park. How great that felt! We hope, once again, to have the wonderful feeling that comes from an in person gathering with friends when we meet on November 27th. Of course, we will need to continue to be vigilant, be aware of observing Covid protocols when we meet, and be ready to 'turn on a dime', if needed! Fortunately, we now have zoom to fall back on. If needed, whether because of a change in health authority regulations, or because of a winter snow storm, we can quickly re-group and still hold our planned meeting date by switching to a zoom platform.

So, with fingers crossed, I look forward to seeing many members at our November general meeting at Mount Olive, and at our December Christmas lunch at the Guildford Golf and Country Club.

As you prepare for your holiday festivities, I hope the season brings you good health, much joy and happy times with family and friends.



MESSAGE FROM Joan Henderson, VICE PRESIDENT

I attended a zoom meeting with representatives from clubs across B.C. and it seems most clubs have continued to have zoom meetings. Some clubs will also start to have in person meetings in the next few months.

Every year, from November 25 (International Day for the Elimination of Violence against Women) to December 10 (World Human Rights Day), Canadians observe the '16 Days of Activism against Gender-Based Violence'.

This international campaign provides an opportunity to come together to call out, speak up and renew our commitment to end gender based violence.

Many CFUW clubs across Canada organize events to recognize this campaign. The Vernon club is hosting a zoom event on November 29. Men and Women are invited to attend the virtual presentation: *'Be An Agent for Change: On the Road to Eradicating Violence Against Women*'. You can view the registration link on the BC Council newsletter, or send an email to <u>book52worm@gmail.com</u> for information on how to register.

If you would like to be on the list to receive BC Council newsletters, contact <u>cfuwbccouncil@gmail.com</u>.



VOLUNTEER OPPORTUNITIES IN OUR CLUB

Joining a committee is a great way to form friendships as you work towards a common goal

Your board seeks your help. How would you like to start the New Year by collaborating with fellow members through participation on the fundraising committee?

Fundraising is an essential activity that contributes to our club's community initiatives and helps to maintain the operational expenses of our club. As you may have noticed,

our membership fee has not increased in many years, even though our expenses have increased.

FUN and FUNDraising can go together! No prior experience is necessary, just enthusiasm and a desire to work with others. Joining in club projects is a great way to meet with new people and work collaboratively.

There are many great fundraising ideas that have been done in the past by our club, as well as new ideas that have come in for fundraising projects. The committee will review the list of ideas, choose some to implement and add their own ideas, if desired, with the goal of making some of the existing ideas operational.

Does this tweak your interest? Would you like to jump into the new year by joining a new committee? Are

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you a little bit interested, but not sure, and want to find out more?

To express an interest and find out more about how you can become involved, please send me an email: <u>dianesaltermenzo@gmail.com</u>, and we will set up a time to chat. (*Diane Salter Menzo*)







CFUW White Rock / Surrey Covid-19 Protocols

(Diane Salter-Menzo)

All in person general meetings of CFUW White Rock / Surrey will adhere to the protocols in place from the BC Health Authority. Our protocols are subject to change based on any revisions to the Health Authority protocols.

November 27, 2021 is planned as our first in-person meeting since Covid-19 began. The protocols for our upcoming meeting and all future in person gatherings will include the following guidelines:

- 1. **Wear Your Mask:** All attendants at the meeting are required to wear a mask upon entering the church. Masks must be worn in the public spaces of the church when seated or walking around.
- 2. **Have your Vaccine ID ready**: Government proof of vaccination is required. Please have your government record of vaccination ready upon arrival at the November meeting to be recorded by the membership committee, and saved for future reference.
- 3. **Be Ready to Sanitize:** Bathrooms must be sanitized after EACH use. Therefore, we request, that each person who uses the bathroom, please sanitize after use. Wipes and spray will be available in every bathroom. Please wipe/spray areas of contact, such as light switches, door locks, toilet seat and handle, faucets, etc.
- 4. **Read the Covid-19 Protocol E-Blast**: Prior to each in person general meeting, a standard Covid-19 questionnaire will be sent electronically to all members. Members are requested to please read the questionnaire. If the answer to any screening question is 'yes' – please do not attend the meeting. If you are feeling unwell, please do not attend the meeting.

These protocols are subject to change, if changes are announced by the Fraser Health Authority. *Please watch future EBlasts for updates.*

PROGRAM COMMITTEE NEWS

CAN'T WAIT!!! HOPE TO SEE YOU!

(Lynn Robertson)

We are excited and hope, you are, too! We are finally going to be able to meet in person! It will be GREAT to see as many members as possible at our first face-to-face general meeting coming on November 27th at Mt. Olive Lutheran Church.

The program committee and board executive have been working collaboratively to make decisions and plans for our general meetings. We feel confident that we are on track. Our meetings will follow all restrictions, protocols and guidelines set out by the Ministry of Health and Fraser Health, to ensure our members are safe and comfortable in attending the meetings. Of course, should the Ministry of Health make any changes in the mandates, we will regroup, replan and respond. You will always be notified of any changes in our plans.

We are gently getting into the swing of things at our meetings. To start off, we will limit decorations and will not be serving beverages or snacks. All of us will be wearing masks throughout the meeting. Our doors will open a little earlier at 10am, to allow for additional time for our new check-in and registration process. Here are a couple of important things to note:

Be prepared to show your vaccination cards

Wear your masks upon entering the church, and throughout the meeting

Bring your own travel coffee mug and a snack, if you wish

More information and reminders will be sent in e-blasts. Watch for them!

GENERAL MEETING, NOVEMBER 27TH

(Lorna MacGregor)

We are back together at Mt. Olive Church 2350, 148th Street Surrey on November 27 at 10:30am!

Wanting to be extra aware, we are asking our members to bring their own coffee/tea and a snack, your vaccine passport and identification.

Please clean the restroom after your visit. Cleaning supplies will be provided.



Our guest speaker is a most creative floral arranger. She will share some ideas on how to construct displays for both indoors and outdoors. We want to learn to make creations that can be refreshed.

Hope to see you at Mt. Olive Church on November 27 at 10:30am

CHRISTMAS TIDINGS

(Lynn Robertson)

Yes, believe it or not...we are planning for our Christmas luncheon. This year will take a different format from previous years. We do not need to cook or bake! It will be our treat to ourselves. Think of how nice it will be to be served a plated lunch...a little pampering seems to be in order.

Guildford Golf and Country Club will be preparing for our club a lovely luncheon on Wednesday, December 8th. We will be working with the



staff at GGCC to ensure that all protocols and safety measures are in place for our event. Please mark this date on your calendars and be ready to celebrate in true club fashion. We will enjoy each other's company and entertainment to help us get into the holiday spirit. There will be a no-host bar for those who wish a glass of wine with their lunch.

In the spirit of entertaining???!!!, perhaps you, or a group of friends, would be interested in presenting a holiday song, skit, musical interlude or any other entertainment event...we welcome your participation. Watch for an eblast informing how you can let us know you have talents to share!

You are welcome to invite a friend to join you at the luncheon. However, we will be limiting the number of members and guests attending, in order to keep a comfortable distance in the banquet room. As well, the same safety protocols will be in place for our guests. Often our 'guests' become members of our club... such a lovely introduction for them to our group.

As we have previously done in the past, members will need to register for the luncheon by a cut off date, so confirmation of the number attending the luncheon can meet the deadlines of GGCC. **One opportunity to register will be at our upcoming general meeting on November 27th.** The preferred method of payment will be cheque, but we will also accept cash or e-transfer!

More details coming your way soon! Watch for e-blasts about the menu, registration, payment, etc.

Let's celebrate this holiday season!

OUR ANNUAL AMA AND DURRANT HOUSE XMAS CAMPAIGN

(Lynn Robertson)

You already know, how much our support, along with several local businesses and organizations, is appreciated by the ladies, children and staff at both AMA and Durrant House. We have a special connection with these community houses, which are there to help and support women and children in crisis situations. During Covid, our support has greatly been relied on. It is heartwarming to know our efforts are noticed and much appreciated.

Each year, our club provides gifts, special treats and needed items. Our liaise, Sherrill Berg, works with the director of these houses to identify current needs. We are in the process of learning more about the children at Durrant house, so we can select appropriate gifts.

Over the next several weeks, our club will initiate three activities, which will add joy and happiness to the lives of the ladies and children we support. Watch for more information coming your way about:

- 1. Holiday Greens Auction at our November 27th meeting
- 2. Interest Groups Special Projects
- 3. Our traditional 'Gold and Silver Money Tree' at our 'Christmas Tidings Luncheon', December 8th
- 4. Individual donations and gifts

Giving to those in need, gives us warm and special feeling. Please help contribute to our AMA and Durrant Christmas Campaign. Stay tuned for more details!

THANK YOU FROM AMA HOUSE





'COVEY': An Update

(Karen Webster for the Program Committee)

1,000 youth served every year! No one turned away!

On a return visit to our club, Krista Thompson, CEO of Covenant House, Vancouver, brought us up to date on their current opportunity to help the young people who enter the doors of their facility in downtown Vancouver.

"COVEY', the nickname given to Covenant House by the youth it serves, is an indication of their regard for this place of refuge. It is a place for a hot meal, a warm bed, safety – maybe just to survive, and a caring adult who understands what may be a most desperate situation. Caring is at the center of everything Covenant House does – they provide the best care possible.

Through their street outreach program, with referrals from the police, social workers, other organizations, and mainly through word of mouth, youth in crisis are found and taken to Covenant House. They come to BC, as it is possible to live outside in winter, but they come to one of the most dangerous cities, and they are not prepared. It is probably more dangerous now than before Covid. They come from all over BC, all over Canada and the world. On the night of October 23, the date of our meeting, 65% would be from the Lower Mainland. Why do they come? For a variety of reasons, like Krista herself, who had to "escape", they come from a family that has broken down or from trafficking, where they have ended up on the street or in a brothel.

One of the principals of Covenant House is Immediacy. They are open 24/7 and have an open intake policy where the immediate needs of a young person in crisis are met, with a caring adult providing a wrap of support. If the immediate need is to contact family, they are provided with a computer, and if they want to return home, they are helped to do that. There are 54 crisis beds in this clean and safe place and following some time being warm, dry, fed and safe, the young person meets with a counselor to discover what may be their hopes and dreams, but also their immediate plans. Help is there to assist them to move beyond the status quo and towards a better future. They stay in this program for a number of weeks to a few months.

At some point they may move into a small apartment in a building recently built by Covenant House in Gastown, where they may go to school or work. Programs such as art therapy, sports and recreation, education (there is a homework coach), counseling to address addictions and spiritual guidance always with caring adults, help them on their journey. They can stay here from the age of 16 until they are 25.

Wanting to be able to better judge the success of their programs, a softwear program was developed over time to assess mental health, substance use, education and literacy, as well as financial literacy. A social worker assesses the progress of the young person early in their stay, then again over their length of stay, and 6 months after leaving. As of June, 2021 results were positive - 83% maintained or improved their mental health, 82% maintained or improved substance dependency, 82% were confident about their future, and 75% had stable housing and demonstrated a commitment to change.

There is so much need. Adequate funds are required to maintain and build on what Covenant House is able to do, and come mainly from private funding, but as well from the government. Government moves slowly and Covenant House, with the help of some of its board members, is working hard to better acquaint it with their programs and what they require. However, as Krista said, we are all tax payers, and the government is us, so their contribution is limited by all that our taxes have to cover.

Following this very informative program, an honorarium was sent, on behalf of the club, to Covenant House, and in her thank you, Preeti Gill, senior manager of development, included a link to their website. Interested in support either through volunteering or by donation, then check it out!

MEETING IN REDWOOD PARK

(Faye Koll)

The 'Mad Hatter and Directory Pick Up' party, organized by the membership committee, was held at the Redwood Park picnic area on Wednesday afternoon, October 13th.

It was a huge success, and all the directories were picked up. A big thank you to all those who volunteered to deliver a few personally.



I-r Beverly King with"Charlie". Nadine Ewanchyshyn

Many members took advantage of this wonderful opportunity to meet face to face for the first time following the lengthy pandemic shutdown. Even the weather gods cooperated with us. The lively chatter, the smiles and the I-r Liz Harvey, Lorna MacGregor, laughter proved that everyone thoroughly enjoyed this Monica von Kursell, Faye Koll, meet and greet, including Beverly King's cute pug, Diane Salter Menzo Charlie





I-r Anne Low, Deborah Thorvaldson, Lois Hunter, Louise Ritchie

DIRECTORY ADDITIONS AND CORRECTIONS

(Faye Koll)

For those members who have already received copies of the current club directory, please make the following additions and corrections:



Add two New Members:

Marilyn Smith (2021) #411, 15138 34 Avenue Surrey, BC V3Z 0Y5 604-813-3429 (m) marilynsmith411@gmail.com

Sheridan Gibbons (2021) #2, 1804 Southmere Crescent Surrey, BC V4A 6W9 778-984-3478 sherrigibbons@gmail.com

Phone Number Correction:

Johnston, Mary-Ellen 778-537-2129 778-985-7882(m)

Cook, Jan 604-377-2651

BURSARY FOUNDATION ANNOUNCEMENT

The bursary foundation has received a very generous donation of \$5000 in memory of Dr. Claire Maynard. The foundation will award a bursary next year that will recognize Dr. Maynard and her contributions to CFUW White Rock/Surrey. She was a member of the club in the 1990s and early 2000s. During her time as a member of the club, Dr. Maynard was an avid bridge player and an integral part of the bursary board. The following biography was provided by Virginia Staab, Dr. Maynard's daughter.

(Carolyn Oram)



Dr. Claire Staab Maynard

Written by Virginia Staab, daughter of Dr. Claire Maynard

Claire Fallas was born in Los Angeles on May 28, 1939 to father, Clark and mother, Virginia Fallas. Clark was an engineer, who worked with Howard Hughes and played a key role in designing and overseeing the building of the Spruce Goose. Virginia was a native of San Marino, born in old Pasadena, and then moved



Dr. Claire Staab Maynard

to San Marino at an early age. Claire graduated from San Marino High School in 1957. She was an overachiever even then, as she was a flag girl for 3 years, the Pep-Commission vice president for 4 years, the french club president for 4 years, and class treasurer for 1 year.

She went on to Mills College, a private women's liberal arts college in Oakland, California, and University of California at Berkeley, where she again excelled, as she became the president of her Tri-Delta Sorority and got her B.A. in three years.

Claire received her masters and doctorate in language arts and education from Arizona State University, and pursued her career teaching education at university. Because ASU had a policy of not hiring their own doctoral students, she fielded offers from universities across the United States and Canada. She selected University of British Columbia, and she and her daughter Virginia moved to Canada.

She was a full professor at University of British Columbia when she retired years later. She met and married Dennis Maynard, and together they explored Alaska, the Yukon, the Calgary Stampede, the Gulf and

San Juan Islands by sailboat, and toured around the western United States. Claire always loved her University women's club family and going to Bard on the Beach and other outings with other club friends. She believed strongly in the mission of giving back to other women who want to succeed in life.

Dennis and Claire maintained their winter home in Tucson, Arizona, so she could be close to her son and grandsons, but lived the majority of their time in White Rock, Canada. After Dennis passed away, Claire moved in with her daughter and her family in the U.S. Foreign Service, living in Guatemala and Mexico for the last years of her life. Claire passed away on January 19, 2021, with her son and daughter at her bedside, culminating her 81 years of adventure, love, and laughter.

BURSARY FOUNDATION NEWS

(Carolyn Oram)

The bursary board is looking for a new member who would be interested in working on publicity for the foundation. If you want to be part of the bursary board, please email or call Carolyn Oram.

The new foundation investment advisor from the National Bank is Caroline Goode. She is the daughter of Nancy Shewfelt. (Our former advisor, Norm Rutherford, has retired.) The bursary board will meet her at our next board meeting.

This is a reminder to all members: Do not forget about making a donation on your birthday! This is a special way that we can all assist the foundation to raise money for the bursaries.

INTEREST GROUPS NEWS

THE ART APPRECIATION GROUP'S VISIT TO THE VANCOUVER ART GALLERY

(Helen Christiansen)

James Adams, a White Rock artist, had an art showing on at the VAG as part of the "Disorientations & Echos" exhibit. The art group toured the showing October 20th.

Members met with James Adams & his wife, Audrey, on the second floor of the gallery, where he was our guide explaining to us in detail each of his twelve interesting contemporary art works. Many of the details that the artist explained we surely would have overlooked without his helpful interpretation. We began to understand his suppressed history, his worldly



knowledge, and his expression from the heart in his works, and the time he took to develop each painting with its intricate detailing.

As Mari Dyer said,

"The artist's work is a personal account of selected combinations of his life's events which include what he has observed, selected, reconstructed over time and then reshaped with great cultural resilience to make them his own."

Jim has done this in a very interesting way. As Mari says,

"Jim Adams has a deep interest in Greek mythology, a sense of himself as an Afro-American, and is a person of great curiosity and passion. Jim's visual format reflects a straightforward presentation. His subjects face forward confronting and engaging the viewer. The backgrounds are usually dark, or full of raging clouds, or turbulent water. Jim Adams is not afraid to portray his emotions. He just as easily expresses his humour. You can almost hear him chuckle! Jim Adams is a presence at 6'9" tall. He was too tall tho become a pilot commercially and too short to be a basketball player, but he became a giant of a painter, who records his visual ideas in a strong dramatic set of images".

Mari encourages other members of CFUW to find out more about this talented local artist and attend the VAG's showing.

After our gallery tour, thirteen members went to lunch at the Fairmont Hotel in the Notch 8 restaurant. Mari had carried an orange rose bud for each member, a coursage for Audrey and a boutonnière for Jim. By the chatter at lunch, it was obvious that the art interest group were happy to be meeting in person again.

A big thank you to Mari Dyer for her comments above, and thanks to Lorna Paterson for her organization of this tour.

THE CFUW ALPHA BOOK CLUB

(Lois Hunter)

The Alpha Book club is one of the longest standing interest groups in our CFUW White Rock/Surrey club.

When our club was first formed over 60 years ago in 1959, this was one of the groups that the founding members felt was essential. It was simply called the "University Women Book Club" for many years, until, with growth of the club, a total of 4 book clubs were being supported by the membership. To differentiate them, it was decided to name each one. Jean Putman suggested the name "Alpha Book Club" for the first and original one. Today, we also have the "Evening Book Group" and the "Fully Booked Book Group".

Much credit for the continued success and popularity of the Alpha Book group is due to the dedication of Shirley Nord. Shirley has been the leader for the last 20 plus years and is now handing over the reins to Kristin Baillie. Please contact Kristin Baillie (<u>bailliekristin@gmail.com</u>), if you would like to join.



Front row left to right:Shirley Nord, Jay Donald, Jean Putman;Back row left to right:Theresa Borken-Hagen, Claire Maynard, Doreen Hoath

Shirley will remain a member of the group, but with more time to read and enjoy her family. This year, we will be meeting at the Morgan Creek Golf & Country Club, where they provide us with a quieter area to have lunch and discuss the current book.

What are we reading this month? It is "The Story Teller", a novel by bestselling author, Jodi Picoult. It is a profound and moving story about secrets, lies, and how the power of stories can change the course of history. Our books are provided by the White Rock Fraser Valley Regional Library at no cost to our members. At the beginning of our year (Sept), we select the books we want to read, and one of our members picks up the books and returns them to the FVRL. We welcome new members to join us for a fun and enriching experience.

(The photo, courtesy of Doreen Hoath, shows members of the Alpha Book club when Claire Maynard was a longtime member of the group.)

COUPLES DINING OUT GROUP

Our dining out group met for a wonderful dinner at 'The Cabin' in Crescent Beach for our October gettogether. So great to catch up with friends we have not seen in a long time, and meet new friends too.



Alec & Marlene Mackenzie, Louisa Kozey,Bob & Lynda Ecclestone, Jens & Linda Lee Henriksen



Jon Ritchie, David Grieg, Bill Curran, Gwen Arnold Martha Grieg,Louise Ritchie

(Diane Salter Menzo)



Bill Menzo, Dick Ferguson, Lyse Cote, Anna Ferguson, Diane Salter Menzo, Franco Carenzo

CFUW White Rock/Surrey Interest Groups ~ Activities and Leaders

Monday

Dames Who Dine 1st Mon., 5:30 p.m. Ann-Marie Steenge

Duplicate Bridge

2nd Mon., 1:00 p.m. Betty Bishop; Donna Freeze

Club Cuisine 4 times a year Anna Ferguson

One to One Literacy Group

once a week Carolyn Oram



Tuesday Alpha Book Group 2nd Tues. 1:30 p.m. Shirley Nord

Evening Book Club 3rd Tues., 7 p.m. Kathy Steele

Who can play, Who can host? Bridge Tues.& Fri., 9:30 a.m. vacant

The Bridgets Afternoon Bridge 1st & 3rd Tues., 1:00 p.m. Janice Cook

Interest Groups Info* For more information contact Interest Group Leaders, *Groups subject to change.

Wednesday Afternoon Matinee-Dinner 2nd Wed., 3:00 p.m. (varies) Barbara Cook

Golf for Fun Wed. Afternoons Sue Foley-Currie; Donna Freeze

Art Appreciation 3rd Wed. (varies) Lorna Patterson Marilyn Dyer



Thursday Fully Booked Book Group 2nd Thurs. 1:30 p.m. Joanne Cunningham

Newbies Bridge 1:00 p.m., Thurs. Sandra Kraft

Thursday Morning Coffee 2nd and 4th Thurday of the month

of the month Sue Foley-Currie Sylvia Riddell

Couples Dining

Out Diane Salter-Menzo Symphony vacant Travel Diane Desjardins Felt and Chat Diane Salter-Menzo

<u>Friday</u>

Stitch and Chat 2nd Fri., 1:00 p.m. Monica von Kursell

French Conversation Friday 1 p.m. on Zoom

Sylvia Riddell



MEMBER RESOURCES

Web Resources for Members	
CFUW Facebook page	
https://www.facebook.com/CFUW-White-RockSurrey-1491088411167597/timeline/	
and the closed group page	
https://www.facebook.com/groups/1547358335477392	
(to access, you must be a member of Facebook)	
CFUW White Rock/Surrey Website	
http://cfuwwhiterocksurrey.com/	
BC Council	
https://sites.google.com/site/cfuwbccouncil/home	
CFUW (National)	
http://www.cfuw.org/	
GWI (Graduate Women International)	NOTE:
http://www.graduatewomen.org/	just click on the URL and you
Semiahmoo Arts	will be taken to the respective website.
http://www.semiahmooarts.com/	
Arts Council of Surrey	
http://www.artscouncilofsurrey.ca/	

Please contact Membership Chair, Faye Koll, if you have changes to your contact information: Telephone - 604-599-0714; email: <u>kollfm@shaw.ca</u> Send a Card... Please advise Linda Tedman about any member of our club who is ill or bereaved, so she can send a card. Contact information:Telephone 604-536-4898; email: lindatedman@gmail.com



NEWSLETTER COMMITTEE

Editor and Layout Proofreader Veronika BichlerHelen Christiansen

Email Distribution :

- Veronika Bichler

Deadline for January 2022 Newsletter submissions is <u>Tuesday, January 4th, 2022.</u> Please submit news by email with the subject line 'Newsletter' to: <u>vbichler@shaw.ca</u>

