



White Rock / Surrey

Volume 16 Number 3
November / December 2015



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PRESIDENT'S MESSAGE



Trudy Handel

This is our last newsletter of 2015, so I'd like to offer Season's Greetings to all our members and their families.

As always at this time of year, we're trying to get everything done around the farm in the few hours of daylight before darkness takes over. I'm already looking forward to the longer days after Christmas.

I grew up in the small town of Creston, B.C. It wasn't a big place – there weren't many stores and jobs were scarce.

There was one other thing that Creston didn't have. A time change. That's right, Creston was one of the only places in Canada where time never changed, all year long. We watched with befuddlement as everybody around us jumped backwards and forwards, twice a year.

We thought it was pretty funny because we had dairy cows that were milked twice a day, and they always knew the correct time, no matter what month it was. They didn't wear watches, but if you didn't hit the barn by 6 am and 6 pm, they'd let you know – the bellowing didn't stop until their dairy ration was ladled out. Then we opened the barn door and they'd push past us, always going into the right stall.

The barn cats knew the time too. They'd appear as if by magic as soon as you got your stool out and sat down beside the first cow. We milked the cows by hand, and the first milk always went into the cats' dish. Their purring mixed with the sounds of the cattle munching, the cows breathing and the rhythm of the milk cascading into the buckets. If it was cold, you leaned in close to those big bodies, so you could share their heat. You kept a wary eye on the cow, and you always were ready to block any attempts at "kicking the bucket" with your arm.

Cecilia Suzie was a Jersey with huge brown eyes, while Ramona was half Jersey and half Guernsey. A bottle of their milk was half filled with cream, and you had to scoop out the top, because it was too thick to

pour. They were both like big dogs, and loved a scratch along their backs. Flossy was different – she was a red shorthorn and not your typical dairy cow. She wasn't above kicking with her huge ham-like legs.

Milking was only part of the job – then you had to separate the milk, or bottle it, if you were selling whole milk. The strainer and the separator are still sitting in my house, but now they're decorative. We made butter, yogurt and cottage cheese. It tasted very different from the stuff in the store.

So, if the cows know what time it is, every month of the year, why do we change from Standard Time to Daylight Saving Time? In New Zealand, there was a man named George Hudson. In 1895, he proposed that there be a time shift of TWO hours. Why? Because he liked to collect bugs after work and he needed more daylight. People that used coal oil for light argued that by changing the time, they would burn less oil.

During the First World War, and the 1970 energy crisis, many countries adopted Daylight Saving Time. Several years ago, when George W. Bush decided that Standard Time was too long, he unilaterally shortened it by two weeks.

Do we still need to change the time twice a year, or should we follow the lead of the little town of Creston, and always stay the same? Suzie, Ramona and Flossie would definitely have voted in favour of staying the same – because they were always on time. And they didn't even own a watch.

All the best for 2016!



CLUB NEWS

THE OCTOBER "MEET THE CANDIDATES" MEETING

(submitted by Helen Christiansen)



THE CANDIDATES

We certainly promoted our club's objectives well with the "Meet the Candidates" presentation on October 17th. A total of 130 people attended the meeting. This number included 30 of our members, and six husbands. The committee was also pleased that a dozen attendees were younger voters, and another three were secondary students comparing our debate with the one they had held at school.

The candidates had our questions and the time limitations and were, therefore, relaxed and well prepared. The audience had an opportunity to write their questions which the moderators asked the candidates.

With our theme, "From Then to Now", we wanted to stress the history of Canadian women's fight to get the vote, and to emphasize how important it was to exercise that right.

To further reinforce our theme, about a dozen members worked on banners and protest pickets for the Suffragette Flash Mob organized by Anne Lowe. On the Thursday before the meeting, we went around the centre of White Rock dressed as suffragettes with our pickets held high chatting with passers-by about voting.

We will never know if the Flash Mob or the many notices in the Peace Arch News drew the crowd, but we were very pleased with the turnout, and received compliments from not only the audience, but also the

candidates for our organization.

The Programme Committee would like to thank all our members who worked to make the meeting such a success.



AMA HOUSE

(submitted by Sherrill Berg -AMA house liaison)

Happy fall to all CFUW members.

One of the commitments the White Rock/Surrey Club has made is to be involved in and supportive of selected community initiatives that benefit women. AMA house is one of these initiatives. It is the only safe house in Canada committed to sheltering abused women over the age of 55.

Our membership continues to demonstrate genuine caring by their personal donations and efforts. This has a huge impact on those who find themselves in need of AMA's services.

White Rock/South Surrey is a big-hearted community. This was demonstrated this year when a local organization built a much-needed new fence and three wonderful raised vegetable beds. Our organization contributed by forming ongoing connections with a local shoe store and dental office. Because of this, over 50 new pair of shoes and 100 toothbrushes and tubes of toothpaste were donated, with the promise of more to come.

The clients at AMA house are always so grateful. Thank you to each of you for your contributions.

Unfortunately more is always needed.

In speaking recently with those responsible for AMA house, a list of current necessities has been developed.

These are as follows:

- toiletries
- pillows and blankets
- bedding for a twin size bed
- winter coats, boots, shoes and mitts
- all other clothing items

Some of the larger items identified were:

- a love seat
- a single size cot and mattress
- a small flat screen TV

In previous years, we have donated money for a holiday dinner over the Christmas season. \$80 was donated last year.

Thank you everyone for your work and contributions. These all help to ease the pain and bring some hope to those whose life is difficult.

Thank you again for all you do,

DIRECTORY ADDITIONS & CORRECTIONS

(submitted by Monica von Kursell)

For those members who have already received copies of the current club directory, please make the following additions and corrections.

Add:

Susan Falk
2208 232 St
Langley BC V2Z 2Z9
604-534-4730
susanjfalk@shaw.ca

Pat Poliquin
312 15270 17 Ave
Surrey BC V4A 1T9
604-385-1929
patrog@shaw.ca

Penny Harrington
312 – 1520 Vidal St
White Rock BC V4B 1T7
604-541-3629
pharrington@telus.net

Jaqui Joys
14862 21 Ave
Surrey BC V4A 8L7
789-294-0303
jjoys@shaw.ca

Correction:

Jocelyn Donald
jocelyndonald@telus.net



The rest of the directories have been amended and will be available for distribution at the monthly meetings. If you are not able to attend, please have a friend collect yours for you.



UPCOMING MEETINGS AND PROGRAMS

November General Meeting:

When: **Saturday, November 28**
10:30 am - 12:30 pm

Where: **Mt. Olive Lutheran Church**
2350 148 Street (24 Ave. & 148 St.)
Surrey

Speaker: **Kevin Westwood, Barrister & Solicitor**
Topic: ***Estate Planning Top 10 List***



Did you know --

- ◆ a person must survive for at least five days in order to take a gift under a will?
- ◆ if no persons are entitled to property, the estate passes to the Crown (instead of to the executor)?
- ◆ an exchange of letters to go with your will ensures personal gifts are bequeathed according to your plan?

Come to the presentation with any estate planning or probate questions you may have for Kevin.

December General Meeting

When: **Saturday, December 12**
10:30 am - 2:00 pm

Where: **Mt. Olive Lutheran Church**
2350 148 Street (24 Ave. & 148 St.)
Surrey



Please note, this is our **Annual Christmas Potluck Luncheon** (Bring a favourite dish to share).

Bring a plate, mug and cutlery. Coffee and Tea will be served.

CHRISTMAS BAKE SALE: Our popular Christmas bake sale, featuring homemade goodies, run by the new members.

All members are asked to make a contribution to the sale.

BASKETS DRAW: The Program Committee will be raffling two big Christmas baskets.

Tickets are \$2.00 each or 3 for \$5.00, with net proceeds for Ama House.

And with the spirit of giving, we will have a hamper for the Surrey Food Bank too.



EVENTS & HAPPENINGS

Our future newsletters will include a regular feature called **'Events & Happenings'** to celebrate the members of the White Rock/Surrey Club.

In this feature, we will announce achievements, milestones and events of our members that they would like to share. Please email any items that you would like to share to Diane at dianesaltermenzo@gmail.com. Diane will compile announcements for the **'Events & Happenings'** section of the next newsletter.

THIS AND THAT...

CHRISTMAS AT HYCROFT



November 19-22

Daily 11am – 9pm • Sunday 11am – 6pm
Tickets \$15 – available at the door

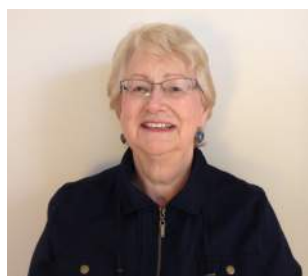
Interested in joining us? Because parking is very limited in this area, several of us have planned a jaunt to visit **CHRISTMAS AT HYCROFT** on **Friday, November 20**, leaving here at **10 am**.

Anyone interested can email me for details.
(helenjeanchr@gmail.com) *(submitted by Helen Christiansen)*



OUR MEMBERS

The Club would like to extend a warm welcome to the following new members:



Dr. Louisa Kozey

BA cum laude(1964) and BEd (1965) University of Saskatchewan; MEd (1978) and PhD (1980) University of Oregon.

Secondary and middle school teacher in schools in Winnipeg and Regina; teacher educator in Nigeria with CIDA; Professor and Assistant Dean in Faculty of Education, University of Regina; Professor Emerita since retirement 2002.

Member of CFUW Regina for over forty years. Served on local CFUW executive in various roles including member at large, scholarships, secretary, program, archives, vice-president. Member of interest groups including art appreciation, bridge, gourmet cooking, investment club, food for thought luncheon group, movie nights, issues and action (resolutions), pre-school literacy project.



Shelin Tkatch MD

Shelin earned her B.Sc and medical degrees from University of British Columbia. Her post-graduate residency training in Obstetrics and Gynecology was completed at the University of Alberta. She opened her Ob/Gyn practice in South Surrey in 2000 and practices at Peace Arch Hospital. In 2014, she completed a Diploma in Practical Dermatology at Cardiff University in Wales. She has a private practice in Morgan Crossing and provides both gynecological and dermatology services.

When not working hard, she enjoys spending time with her two children, Brian and Lauren, and going for long runs. She is the newest member of CFUW and has enjoyed her first Thursday evening book club and looks forward to more.

INTEREST GROUPS ACTIVITIES

DAMES WHO DINE

(submitted by Lois Hunter)



left to right: Jocelyn Donald, Mary Fran Bateman, Eileen Ennis, Lois Hunter, Trudy Handel, Ann-Marie Steenge and Penny Harrington

The 'Dames Who Dine' had their November get-together at the Washington Avenue Grill Restaurant, where they enjoyed delicious food and an evening of great conversation and fun.



ART APPRECIATION GROUP

(submitted by Marilyn Dyer-Seidel)



The Art Appreciation group gathered in the 'Small Ritual coffee Society' on 152nd St on October 28th at 10:00 am to enjoy a hot 'cuppa' and to talk about the differences between Commercial and Public Art Galleries.

Following our theory session and a time to greet one another, we crossed the street to the White Rock Gallery to continue. However, before going to the gallery, Marilyn gave everyone an envelope containing \$10,000 paper money, enough to buy whatever we desired from the Commercial gallery collection.

With money in hand, and an invitation to choose whatever we wished, we set about looking and discerning what we would purchase. There was a lot of fun and competition buying certain items (especially the bronze sunflowers) and an opportunity to compare and contrast some of the paintings which were on display, eg., Graeme Shaw and Mike Svob.

Ah! But that's not all. When the purchases were complete, we had an opportunity to say WHY we had chosen the specific art pieces that we had. A real eye-opener, and not easy to put into words.

An informative session for all involved.



"Princeton Winter"
Painting by Mike Svob

GOLF FOR FUN

(submitted by Mary Thomas)



The 'Golf for Fun' group had their annual potluck dinner Sept 16 at the home of Mary Thomas. Although several members were off travelling, those attending had a lively time.



Front row left to right:
Diane Desjardins, Sandra Kraft, Barb Cook and Mary Thomas

Back row left to right:
Anne Low, Janice Henderson, Betty Bishop, Lee Caulfied and Helen Christiansen

CFUW White Rock/Surrey Interest Groups ~ Activities and Leaders

Monday

Dames Who Dine

1st Mon., 5:30 p.m.
Trudy Handel;

Duplicate Bridge

2nd Mon., 1:00 p.m.
Betty Bishop;
Donna Freeze

Symphony at the Bell Centre ~

Linda Lee Henriksen

Club Cuisine

5-6 times a year
Elizabeth Bordeaux

New Members

Elizabeth Bordeaux

One-to-One Literacy Group

once a week
Patricia Hyde

Tuesday

Alpha Book Group

2nd Tues. 1:30 p.m.
Shirley Nord

Evening Book Club

3rd Tues., 7 p.m.
Marjorie Mooney

Who can play, Who can host? Bridge

Tues. & Fri., 9:30 a.m.
Sandy McKenzie

The Bridgets Afternoon Bridge

1st & 3rd Tues., 1:00 p.m.
Monica von Kursell

Wednesday

Afternoon Matinee-Dinner

2nd Wed., 3:00 p.m.
(varies)
Sandra Kraft

Golf for Fun

Wed. Afternoons
Sandra Kraft

Art Appreciation

3rd Wed. (varies)
Marilyn Dyer-Seidel

Thursday

Fully Booked Book Group

2nd Thurs. 1:30 p.m.
Joanne Cunningham

Newbies Bridge

1:30 p.m., Thurs.
Monica von Kursell



Friday

Stitch and Chat

2nd Fri., 1:00 p.m.
Joan Hoyles

French Conversation

3rd Friday
1:30 –2:30 p.m.
Sylvia Riddell

Environment

4th Friday
1:00 p.m.
Mary Ann Rainer

Interest Group Info*
For more information contact Interest Group Leaders,

or you may contact **Anne Low**, Interest Groups Coordinator
Telephone - 604-538-7104.

Email – anne99low@gmail.com

***Groups subject to change.**



Need a Ride to Meetings?

If you are unable to attend because you don't have transportation, please call **Sandra Kraft at 604-535-8824**. Sandra will find a ride for you.

ITEMS OF INTEREST

submitted by Diane Salter Menzo

INTERNATIONAL DAY FOR THE ELIMINATION OF VIOLENCE AGAINST WOMEN AND GIRLS

According to the UN, 'a staggering one in three women have experienced physical or sexual violence in their lifetime' (<http://www.unwomen.org/en/news/in-focus/end-violence-against-women>).

On **November 25, 2015** the UN will observe International Day for the Elimination of Violence Against Women and Girls. The theme is prevention. From 25 November through to Human Rights Day on the 10 December, 16 Days of Activism against Gender-Based Violence are planned with the aim of raising public awareness and mobilizing people everywhere to bring about change. The UN Secretary-General's UNiTE to End Violence against Women campaign invites you to '**Orange the world**' using the colour designated by the UNiTE campaign to symbolize a brighter future without violence'. For more details see the poster and toolkit available at the above link (<http://www.unwomen.org/en/news/in-focus/end-violence-against-women>).



CFUW National Mentoring Program

CFUW has a mandate to support lifelong learning for women. Based on the goal to promote women's leadership and economic empowerment, CFUW has launched a **National Mentoring Pilot Program** that will focus on three areas: women in the STEM fields, (science, technology, engineering, mathematics and computer science) women in leadership, and women in politics. The mentors and mentees were invited to submit their applications to participate in the mentorship program through the CFUW National website by October 19, 2015. Diane Salter Menzo, from our club, is working with National to assist in the evaluation component of the pilot project. The project team includes Cheryl Hayles cherylhayles@sympatico.ca (Project Leader), Diane Salter dianesaltermenzo@gmail.com (Research Lead Investigator) Robin Jackson cfuwed@rogers.com (Executive Director). For additional information on the Mentorship Pilot Program see <http://www.fcfdu.org/en-ca/membership/mentorshipprogram.aspx>.

Mentorship Award

CFUW National is instituting a **Mentorship Award** to be given to a CFUW/FCFDU individual member, group, or Club in recognition of efforts in mentoring women and/or girls in the STEM fields and politics. The award will also recognize mentorship efforts by women who have a portfolio of responsibility within the organization. Criteria and forms are available on the Member Resource website under Club Awards and Grants.

Member Resources

Web Resources for Members

CFUW Facebook page

<https://www.facebook.com/CFUW-White-RockSurrey-1491088411167597/timeline/>

and the closed group page

<https://www.facebook.com/groups/1547358335477392>

(to access, you must be a member of Facebook)

CFUW White Rock/Surrey Website

<http://cfuwwhiterocksurrey.com/>

BC Council

<https://sites.google.com/site/cfuwbccouncil/home>

CFUW (National)

www.cfuw.org

IFUW (International)

www.ifuw.org

Semiahmoo Arts

www.semiahmooarts.com

Arts Council of Surrey

www.artscouncilofsurrey.ca

Please contact Membership Chair,
Anne Low, for notification of changes to
your contact information:
Telephone - 604-538-7104;
email: anne99low@gmail.com

Send a Card... Please advise Elizabeth
Bordeaux about any member of our Club who is
ill or bereaved, so she can send a card. Contact
information: Telephone - 604-538-1477; Email
- ebordeaux@shaw.ca

NEWSLETTER COMMITTEE

Editor and Layout - Veronika Bichler

Proofreaders - Elizabeth Bordeaux
- Helen Christiansen
- Monica von Kursell

Email Distribution : - Veronika Bichler

Deadline for January Newsletter submissions
is **Friday, January 8, 2016**

Please submit news by email with the subject line
'Newsletter' to: vbichler@shaw.ca

Ads are prepaid. Please contact our Club
Treasurer, Eileen Ennis. email: wennis@telus.net

