



White Rock / Surrey

Volume 15 Number 3
November / December 2014



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PRESIDENT'S MESSAGE

Trudy Handel

The days are suddenly so short that it seems dark by early afternoon, and it's time to turn on the lights around the house. Imagine, centuries ago, when the nights got longer and colder, and the days got shorter. How would people try to keep away the dark? In rituals that predated Christianity, they'd gather evergreen boughs, light bonfires and burn torches. When Christianity came, the rituals were modified, but remained. They burned yule logs, and brought evergreen trees into their houses. In Germany, they began adding candles to the trees for light. These symbols followed us to the "new world" and were joined by even more traditions – turkey dinners, Santa Claus, Jesus in the manger, Christmas carols.

CFUW has always had a focus on childhood poverty. In 1989, the government of Canada made a commitment to "end childhood poverty" by the year 2000. Sadly, that didn't happen. Here in B.C., we have an abysmal record on the issue. In 2011, B.C. had the highest rate of childhood poverty in Canada, with one in five children considered "statistically poor".

The rest of the year, there are agencies that do their best to help these children, but the effects of poverty are felt most harshly at Christmas. Will these children get a good meal, or a special present? What do they – and their families - do to keep the dark away during this season? What could we as a club or as individuals do this year to help these smallest victims of the grinding cycle of poverty?

So let's give to those less fortunate and make sure that others get a good meal. Then let's gather our family members around us, light the lights and keep the dark at bay, for one more year. Merry Christmas to each and every member, Happy Holidays, and many more ahead!





CLUB NEWS



CHANGES, CHALLENGES and a CAMPAIGN

submitted by Anne Low, Memberhip Chair

Thanks to Monica von Kursell for getting our new Directories printed. They are available at the Reception Table at each meeting along with your receipts and membership cards.

Some corrections to note:

Joy Thompson is jivethompson@gmail.com
Susan Wingate is susanwingate99@gmail.com
Sandra Kraft is sandradkraft@gmail.com
(there is a **d** between sandra and kraft)
Pamela Cowan, **BA York U, BScN U of Calgary, MEd U of T**
looking after New Members is **Elizabeth Bordeaux.**

Please make these changes in your books and note your own information for correctness. Please inform Anne Low of any errors which will be passed on to the appropriate people.

We are delighted to have a few new members in the club and anticipate a few more at the November meeting. However, we need each of you to be aware that our membership has been steadily declining and stands just short of 100. This is not a healthy situation for us to be able to carry on our work! We can be very proud of CFUW being in this community for 55 years, and National will be celebrating 100 years in 2019. We have been a most remarkable and influential group through the years. The Board, Program and Membership Committees have been discussing this problem and want to be proactive about restoring our vitality. We want to encourage everyone to view recruiting as an important aspect of club membership. Please tell your friends and acquaintances of our work and social activities and bring them to the November meeting. Our speaker will tell us about Burns Bog, a hugely important and unique part of our environment that we all need to know and care about.

Forward this Newsletter, speak to your neighbours, colleagues, relatives and start your own campaign. For our part, the Membership Committee will be advertising the December meeting as an **OPEN HOUSE** in the 'Now' and 'Peace Arch News', as well as putting up posters in key locations. We want all women who have an affinity for community involvement, education/issues involving women and children, and various social activities to know we are here in their community. Don't forget that women do not need a university degree to become a member. As our President noted, *'I do not have one!'*



BURSARY AWARDS LUNCHEON

submitted by Joanne Cunningham, Bursary Foundation President

Photos courtesy of Lois Hunter



Sylvia Riddell presenting Rana Hazarat with her Bursary Award



CFUW White Rock/ Surrey Club President Trudy Handel presenting the travelling, engraved pitcher, to Gwen Parker AAUW – Bellingham Branch President



Our good friends from Bellingham AAUW – Left to right – Mary Jane Vetter, Esther Golde, Jo Pullen, Jean Cox-Treverton, Gwen Paraker, Susan Moen,

On Saturday, November 1st, the annual Bursary Lunch was held at the White Rock Community Centre. Bursaries of \$3,500 each were presented to Rana Hazarat, a UBC Faculty of Law student, and Jessica Morrice, a student in the UBC Faculty of Medicine. Both girls gave a very enlightening, articulate presentation. Nelly Saber, a 2013 bursary recipient, was a guest, and she told how the bursary had contributed to her year.

Eight members of the Bellingham club attended, and CFUW President, Trudy Handel, passed on the traditional pitcher.

Newly appointed Regional Director BC West, Paula McLaughlin, made this event her first club visit.

Although the attendance was disappointing, the event was deemed a success.

To quote from an email we received:
“The decor was attractive [even Nov. sunshine], the printed material informative, the food delicious, the program most interesting [good to have the area rep present along with the Bellingham guests] the presentations handled so competently.”



Carolyn Oram presenting Jessica Morrice with her Bursary Award



Paula McLaughlin , CFUW South Delta, Regional Director CFUW for our area



..... and more pictures of the Bursary Awards Luncheon



Left to Right – Marilyn Dyer-Seidel, Joan Clark, Beth Forbes, Monica von Kursell



Marjorie Foxall and guest



Left to Right - Carolyn Oram, Sylvia Riddell, Elizabeth Bordeaux, Faye Koll



Bursary winner, Rana Hazarat, with her parents



Bellingham guests with Bursary winners and Bursary Foundation VP, Carolyn Oram, Joanne Cunningham, Bursary Fdn President, and Club President, Trudy Handel



2014 Bursary Winner Jessica Morrice on left, middle – 2013 Bursary winner Nelly Saber, and on right 2014 Bursary winner Rana Hazarat

UPCOMING MEETINGS AND PROGRAMS

Next General Meeting:

Date: **November 22**
Time: 11:30a.m. - 1:30p.m.
Where? **WHITE ROCK COMMUNITY CENTRE,
15154 Russell Avenue, White Rock, BC, V4B 0A6**
Program: Eliza Olson - Burns Bog - Update



Eliza Olson is presenting. She will bring us up to date with the activities at Burns Bog. Our Club has a long history of being interested, supportive and involved with the Burns Bog Preservation Society.

*WE ARE NOT SERVING LUNCH; HOWEVER, COFFEE / TEA, MUFFINS, CHEESE
AND CRUNCHIES WILL BE SERVED*

The Environment Group is still collecting Canadian Tire money which will be presented to Eliza Olsen at the November meeting. For those who will not be at the meeting but would like to contribute their money, they can call Mary Ann Rainer at [604-536-8472](tel:604-536-8472).



Congratulations

**Anne MacLean
Elizabeth Bordeaux
and Patricia Pousette
ON 50 YEARS OF CLUB MEMBERSHIP
1964 - 2014**

December General Meeting

Date: December 13

Time: 11:00a.m. - 2:00p.m.

Where? **WHITE ROCK COMMUNITY CENTRE,
15154 Russell Avenue, White Rock, BC, V4B 0A6**

Program: Marjorie Foxall's student, Ben Dunnill, will entertain with Christmas music.

There will be a special presentation of Certificates for 50 Years of Club Membership to Anne MacLean, Elizabeth Bordeaux and Patricia Pousette

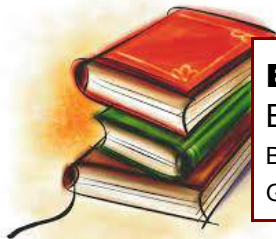


Please note, this is our **Annual Christmas Potluck Luncheon** (Bring a favourite dish to share). Bring a plate, mug and cutlery. Coffee and Tea will be served.

CHRISTMAS BAKE SALE: Please bring your contributions and be ready to buy delicious homemade Christmas and other goodies.



The Newbies and Bridgets are in the process of planning a Bridge Tournament in late February or early March. Other CFUW clubs are being invited, but there will be space for our own members to attend. More information in the January newsletter.



BRING A BOOK, BUY A BOOK!

BRING YOUR ONCE-LOVED AND SLIGHTLY-USED BOOKS TO THE NEXT MEETING, AND FIND A GREAT READ FOR \$ 2.00

1. BOOKS, BOOKS, BOOKS! We have an easy way for you to pass on books you own and exchange them for ones you don't. And we only charge a Twonie, which includes pulling **MAGENTA**, the suitcase, around to meetings. Donations are welcome!

2. BOOKS AT THE FOOD BANK are back on the shelf after a hiatus when the Food Bank relocated. Your CFUW volunteers who collect donations from the White Rock "Friends of the Library" volunteer group and take them to the Food Bank regularly are Hannah Daniel, Margot Holloway, Anne Low and Kathy Steele.

submitted by Anne Low

WHERE IS SHE NOW ?.....

submitted by Elizabeth Bordeaux



MARION REABURN

Marion moved to Dartmouth, Nova Scotia, in 2013 to be near her family. As you can see from her report below, she is busy and happy in her new surroundings.

I think the move was a good one. Our building is part of a three building complex. Ours is independent living, doing our own meals and looking after ourselves; next door, there is a little more help, including meals etc.; and the third building is for people that need care. All the buildings are joined, so one can do a daily walk and never go outside. The grounds are really quite lovely, and all summer we were into garden parties and other get-togethers. There are activities from 10:00 in the morning till about 9:00 in the evening if one wants to participate.

I like time to myself and time to read, so try to do only two or three things a day, but I am into Tai Chi and brain exercises, and I play bridge at least twice a week. I also belong to a group that does breakfast once a month and a lunch group that goes out monthly. There are people who come in to entertain us several nights a week. Some are good and some not, so it is necessary to pick and choose. I have also become a bit active in our church but try to not get too involved because my daughter is the minister. Of course it is special to be able to spend time with my family also.

Marion also commented that she has not joined the local university women's club because all the meetings are at night.

We wish her well in her busy new life.



WENDY FIDGEON

Wendy was a very active member of CFUW White Rock/Surrey from the time she joined in 1967 until four years ago, when she and Terry decided to downsize and move to a condo residence in Vancouver to be closer to their three daughters. A past president of the club, Wendy also contributed greatly to the bursary program and Gardens in Bloom, activities she fitted in between raising four children, running her medical practice, serving on the Surrey School Board, gardening, and outdoor activities including skiing, canoeing, hiking, biking, swimming and riding.

Now that they live in the centre of Vancouver, Wendy and Terry spend their time visiting Granville Island, the Art Gallery and museums, going to theatre productions and concerts, and taking advantage of educational opportunities at various colleges and universities. The focus of Wendy's activities has changed, but she is as busy as ever!

INTEREST GROUPS ACTIVITIES

FULLY BOOKED BOOK CLUB

WHAT ARE WE READING?

submitted by Joan Clark



Members of the **FULLY BOOKED BOOK CLUB** spent a fun and laughter-filled afternoon when they discussed "The Wily O'Reilly", Irish Country Stories, a collection of humorous columns written for Canadian and Irish publications by Dr. Patrick Taylor. The stories - more vignettes than short stories - were a fun read, full of Irish humour.

The story of Maggie, one of O'Reilly's patients, was a favourite of most of the group. Maggie complained of headaches that were two inches above her head. Never one to suffer fools gladly, O'Reilly finally gave her a bottle of vitamin pills, told her to take one capsule ten minutes before the headache came on and sent her home.

Dr. Taylor, the author, came to Canada in 1970 to work on human fertility and received many awards for his work in that field. At present, he is a retired medical researcher, professor emeritus at UBC and bestselling novelist. Kirkus Reviews says of him "What Herriot did for Yorkshire, Taylor does for Northern Ireland.... minus the animals."

Patrick Taylor lives on Salt Spring Island, and is publishing his tenth book



CLUB CUISINE

submitted by Elizabeth Bordeaux



In October, members of the Club Cuisine went to either a Columbian or a Dutch dinner.

Eileen and Richard Fuller, who lived for many

years in Columbia, were hosts for the first, and Diane and Bill Salter Menzo, for the second. (Bill was originally from Holland.) Both evenings were smash successes, with great camaraderie and amazing food.

For the Columbian dinner, the table was graced with an arrangement of alstroemeria, flowers grown for export on the high, flat plain where Bogota is situated. This was the menu:



Patacones

Appetizer: deep-fried and flattened plantain slices

Ensalada de Aguacate

Avocado salad

Sobrebarriga al Horno con Papas Chorreadas

Beef "over the belly" in the oven with potatoes drizzled with cream & cheese sauce

Postre de Tres Leches

Three milks dessert

At the Netherlands evening, the Dutch atmosphere was set when we were greeted by the host attired in a Dutch orange T-shirt. There was also a proliferation of Dutch flags, even on the toothpicks on the appetizer trays. Here is the menu:



Kaas; Haring met Uien

Appetizers: cheese, pickled herring with onions

Tomatensoep met Balletjes

Tomato soup with little meat balls

Gebeitst met Appelmoes; Boerenkool met Rookworst/Stampot

Spargel met Hollandaise

Roast pork with applesauce; kale & mashed potatoes with smoked sausage; white asparagus with hollandaise sauce

Sla met bieten

Leaf lettuce with pickled beets

Hollandse Appeltart; Kersen; Speculaas; Drop

Dutch apple pie; cherries jubilee; Dutch cookies; licorice



No-one goes hungry at Club Cuisine parties!



ART APPRECIATION GROUP

THEATRE OF THE MIND

submitted by Maureen Buchholz

On entering the “country house” in the middle of East Vancouver, you are met by a pyramid of glossy, ceramic apples piled on top of a table and a very large, autumnal paper mache tree in the middle of the livingroom. Everywhere you turn, there are works of art in oils, sculpture, and velum (painted to look like bolts of material) so realistic you are drawn to touching them.



For over 80 years, Gathie (Agatha) Falk’s work has encompassed music, performance art, and the visual arts. Her skill is in taking ordinary objects, capturing their power,



Mari and Gathie have known each other since their UBC days and paused for a photo beneath one of the few remaining 150 ceramic cabbages created by Gathie for a show in the '80s

.photo by Susan Falk

then transforming them into art. But she is also capable of taking the extraordinary and transforming it into the ordinary. For example, she explained how she observed that the men in her circle of family and friends gravitated toward a certain pattern and style of shirt. She was so taken by their personal choice of plaids and stripes she set to work expressing their personalities in a series of unique, life-size paper mache shirts.

Her home is the backdrop for massive canvases and works, some sinister, like the “Wedding Veils” displayed in her second floor loft. This workroom is filled with light from clerestory windows and adjoins her bedroom where even the clothes cupboard doors have whimsical drawings. The main floor is reminiscent of a European home with a basic kitchen, combined living/dining area and, again, wonderful use of light throughout. Gathie talked about designing the house just 25 years ago ‘though it feels timeless. Who better to capture the essence of light and space.

Her niece, artist and CFUW member Susan Falk, describes having someone so artistic in the family is “incredible, mysterious and awe inspiring. These are words that come to mind since my earliest childhood

memories,” said Susan. “Her work ethic and professionalism in this industry are two things that I have learned the most from her. That, and a lesson on how to stretch canvas!”

Walking out-of-doors to her studio in the back garden, we move past laundry drying on a line and irreplaceable works of art and sculpture cast amidst the plants. The studio houses a hand-crafted aluminum canoe, her second. The larger original took three years to complete and is now in the National Gallery of Canada.

We, as an Art Appreciation Group, talked over coffee and, for an hour and a half, we looked at the world through the mind of an artist who continues to explore every medium with passion and insight. Marilyn Dyer presented the theory session for Art: The Theatre of the Mind and Gathie regaled us with her fascinating, personal art stories. It was a rich, sensory experience for all.



| <u>Monday</u> | <u>Tuesday</u> | <u>Wednesday</u> | <u>Thursday</u> | <u>Friday</u> |
|--|---|---|---|--|
| CFUW White Rock/Surrey Interest Groups ~ Activities and Leaders | | | | |
| <p>Dames Who Dine 1st Mon., 5:30 p.m. Trudy Handel; Georgia Fontaine</p> <p>Duplicate Bridge 2nd Mon., 1:00 p.m. Eileen Fuller; Donna Freeze</p> <p>Symphony at the Bell Centre ~ Linda Lee Henriksen</p> <p>Club Cuisine 5-6 times a year Elizabeth Bordeaux</p> <p>New Members Elizabeth Bordeaux</p> <p>One-on-One Literacy Group once a week Patricia Hyde</p> | <p>Alpha Book Group 2nd Tues. 1:30 p.m. Shirley Nord</p> <p>Who can play, Who can host? Bridge Tues. & Fri., 9:30 a.m. Sandy McKenzie</p> <p>The Bridgets Afternoon Bridge 1st & 3rd Tues., 1:00 p.m. Monica von Kursell</p>  | <p>Afternoon Matinee-Dinner 2nd Wed., 3:00 p.m. (varies) Sandra Kraft</p> <p>Golf for Fun Wed. Afternoons Sandra Kraft</p> <p>Art Appreciation 3rd Wed. (varies) Marilyn Dyer-Seidel</p> | <p>Fully Booked Book Group 2nd Thurs. 1:30 p.m. Joanne Cunningham</p> <p>Newbies Bridge 1:30 p.m., Thurs. Monica von Kursell</p> <p>Evening Book 2nd Thur., 7 p.m. Marjorie Mooney</p> <div style="background-color: #e0f0ff; padding: 5px; text-align: center;"> <p>Interest Group Info* For more information contact Interest Group Leaders, or you may contact Anne Low, Interest Groups Coordinator Telephone - 604-538-7104. Email – anne99low@gmail.com</p> <p>*Groups subject to change.</p> </div> | <p>Stitch and Chat 2nd Fri., 1:00 p.m. Joan Hoyles</p> <p>French Conversation 2nd Friday 1:30 –2:30 p.m. Sylvia Riddell</p> <p>Environment 4th Friday 1:00 p.m. Mary Ann Rainer</p>  |

CFUW NATIONAL NEWS

compiled and submitted by Sue Foley-Currie



CFUW NEWS UPDATE

- The small Quebec Club is organizing the CFUW Annual General Meeting (AGM) in Quebec City, June 18-25, 2015. National President Doris Mae Oulton visited the site and was impressed with the club's energy.
- There are 4.5 staff members at the CFUW National Office in Ottawa. They are Robin Jackson – Executive Director, Betty Dunlop – Fellowships Manager (they get about 400 applications), Tara Fisher – Advocacy Coordinator, Gayle Bertrand – Member Services and Communications Director and Ryszard Kowalshi – part-time Accounting and Software Developer.
- CFUW National Office is bilingual.
- This year the deadline was extended from Nov. 1 – to Nov. 7 for the 2015-16 CFUW National Fellowships and Awards Applications. There is a filing fee of \$60.
- CFUW has merchandise which may be of use to clubs: ceramic mug, window decal, logo button, notebook, note cards, metal pen, key ring, card holder, carabiner and a scarf. All can be purchased through the National Office.
- For clubs who need brochures for local membership recruitment – National Office has free items: a 2014 membership recruitment brochure and a 2013 student membership brochure.

CFUW BC Council & Clubs Update

"If not you, who will act?"

- All BC Clubs (if able) are being asked to consider story-telling with local women and from local women in club communities at-large – regarding the care of children/child care. The reports from the clubs will go to the BC Council.
- Reminder: November 15 is Election Day in municipalities across the province.
- BC spends just 0.2% of GDP on early child care and learning vs. the 0.7% average by other developed countries.
- The Saanich Peninsula Club had a presentation by a local historian who spoke on the lives and experiences of some of Victoria's Nursing Sisters who treated wounded soldiers near the battlefields of the First World War. The event was covered by the local newspaper.
- The Abbotsford Club is hosting the 2016 Provincial AGM. The club meets the first Monday of the month at 7 pm at the University House at the University of Fraser Valley UFV). They have a Scholarship Endowment Fund of \$65,000 with tax receipts and this year presented a \$1,500 scholarship to a mature female student at UFV.
- The 42nd Christmas at Hycroft (Vancouver Club in an Edwardian clubhouse) is November 20- 23 (daily 11-9, Sunday 11-6). Valet parking (\$5), boutiques, local artisans, bistro food etc. Admission \$15. 1489 McRae Ave (off Granville), Vancouver.

IFUW Update

- President Catherine Bell, by way of a letter, described Malala Yousafzai, winner of the Nobel Peace Prize (with Kailash Satyarthi) as “a model for all girls.”
- November 25 is the International Day for the Elimination of Violence Against Women.
- “Global Gender Gap Report 2014” by the World Economic Forum, stated that it may take until 2095 before the gender gap (health, education, economy and politics) is closed completely. The narrowest gap is in education at 96% while political empowerment only is at 21%.



Member Resources

NEWSLETTER COMMITTEE

Editor and Layout - Veronika Bichler
Proofreaders - Elizabeth Bordeaux
- Helen Christiansen
- Monica von Kursell
Email Distribution : - Veronika Bichler

Deadline for January Newsletter submissions is Friday, January 9th, 2015

Please submit news by email with the subject line 'Newsletter' to: vbichler@shaw.ca

Ads are prepaid. Please contact our Club Treasurer, Eileen Ennis. email: wennis@telus.net

Web Resources for Members

CFUW White Rock/Surrey
www.cfuw-wrsurrey.org

BC Council
<https://sites.google.com/site/cfuwbccouncil/home>

CFUW (National)
www.cfuw.org

IFUW (International)
www.ifuw.org

Semiahmoo Arts
www.semiahmooarts.com

Arts Council of Surrey
www.artscouncilofsurrey.ca

Please contact Membership Chair, Anne Low, for notification of changes to your contact information:
Telephone - 604-538-7104;
Email - anne99low@gmail.com

Send a Card... Please advise Elizabeth Bordeaux about any member of our Club who is ill or bereaved, so she can send a card. Contact information: **Telephone - 604-538-1477; Email - ebordeaux@shaw.ca**

Need a Ride to a CFUW Meeting or Interest Group?

If you are unable to attend club meetings or enjoy club Interest Groups because you don't have transportation to get there, please call **Sandra Kraft at 604-535-8824**. Sandra will find a ride for you.

M Morin Law Corporation

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Collaborative Lawyer
Notary Public*

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