



White Rock / Surrey

Volume 18 Number 3
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Lest we forget



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PRESIDENT'S MESSAGE



Sue Foley-Currie

Membership is the state of belonging to an organization or community. We often seek out an organization that is “a fit” for our own values and attitudes, or purely for the social aspect and activities related to social outreach. Some find an organization that has a balance of both, plus time for fellowship and learning new things together.

Our years prior to retirement and during retirement (which now may be 30+ years) give us the opportunity to reinvent ourselves – not once, but perhaps up to three times. It is true that some of our energy wanes as we age. However, for some the lack of energy could be due to lifestyle. Some do let go of a certain amount of volunteer work and service - yet others end up with too much volunteer work and service as the workload is not shared enough by most members. Once again, balance is the key, plus retaining a percentage of volunteer work and service as best one can.

There have been studies about the disadvantages of social isolation and getting “out of the loop.” There are added challenges for those who remain single, or are recently widowed or divorced plus those who live far away from their close and extended families, or have a chronic illness or disability. Membership is not a cure for all of the difficulties of stress or depression, but it can make some days easier than others.

As a member of CFUW White Rock/Surrey you are invited to ask anyone who supports the national and local goals to join. We seek a diverse membership. Locally and nationally, membership offers opportunities to network with like-minded women, to sponsor community action, to promote equity, human rights and education, to serve in leadership positions, and to lobby local, provincial and federal legislators on priority issues. As well, nationally we have special consultative status at the United Nations and are represented at the Canadian Commission for UNESCO.

Please call me at (604) 538-3864 if you would like some speaking points for inviting someone as a guest to a monthly general meeting, or have me join you for a coffee or lunch with a possible member.

As December approaches, my best wishes to you and all of your family and friends for the holiday season and plans for 2018.



CLUB NEWS

October 2017, General Meeting

(Lynn Robertson)



*The Witchy Women of the Program Committee
(picture courtesy of Andrew Foxall)*

Halloween Treats

Black and orange, cats, bats and jack-o-lanterns! Spooky music...the Witchy Women of the Program Committee brought Halloween a little early for our October meeting.

Thank you to the contributors for the special treats and goodies as they are always appreciated. And to Marjorie and Karen...the coffee and tea are delicious.

West Coast Gardens Inspired Us Once Again!

At our October 28th meeting, we had the pleasure and enjoyment of watching Minna Hartwell demonstrate how to create a winter planter - keeping in mind the concept of 'thriller, filler and spiller'.

You can certainly tell that Minna loves what she does. Minna has been associated with West Coast Gardens for 12 years and has over 25 years of experience in the field of plant and floral design.

Using almost 20 plants, Minna created a stunning winter planter that was in turn kindly donated by West Coast Gardens to AMA House. When we delivered their new planter, the ladies decided it should have a place on the front porch, ready to welcome them each time they enter their house. We are very fortunate to have the support of West Coast as they provide that 'ray of sunshine' with seasonal planters to many of us.

Several CFUW members asked if we could list the names of the plants in the planter and in the layered bulb bowl. Our thanks to Minna for sending us this list, so we can make our own planters for winter and then sparkle them up for Christmas.



The plants in the large container were:

- Cyprus Lemon grass
- Gaultheria. (red berries)
- Ever gold carex (grass)
- Kramer Red Heather
- Green ivy
- Perennial thyme rock s
- Cyclamen (red & red white)



Minna Hartwell demonstrates how to create a winter planter

Layer bulb bowl or 'lasagna' bowl was filled with:

- Long Alfred daffodils (6)
- Princess Irene tulips (5-6)
- Crocus Yellow mammoth
- Winter pansies on top

The 'lasagna' bowl was donated to our club, and we had a draw with the winner being Sue Foley-Currie. Congratulations!



(pictures courtesy of Lynn Robertson)

Do You Have a CD Player to Donate?

The Program Committee is looking for a CD player that can carry good, quality sound in the meeting room. We all enjoy hearing music as we come into our meetings. It helps to set the scene for friendly chit-chat and browsing our book donation table, purchasing coffee for our fundraising or checking out the display tables that are set up.

So if you have that CD player we are looking for, please let Lorna Paterson know, and we would be happy to take it off your hands!

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November General Meeting And Program

When? **Saturday, November, 25th**
10:30am - 12:30pm
(Doors open at 10:15am (remember to sign in)
(Program Starts at 10:30am)



Where? **Mt. Olive Lutheran Church**
2350 148th St, Surrey, BC

Guest speakers: Sahra-Lea Tosdevine-Tataryn, Age-Friendly Strategy for Seniors Project Manager, with Karen Weber, Fraser Valley Real Estate Board representative.

City of Surrey Supporting Healthy Active Aging

The City of Surrey is leading the way in supporting healthy active aging through its Age Friendly Strategy for Seniors, a framework that ensures seniors, families and caregivers are supported through advocacy, policy, partnering and service delivery.

Through successful collaborations with partners and organizations, the City of Surrey offers educational opportunities to gain further knowledge and resources that will support seniors, caregivers and families with the tools to remain healthy, active, independent and engaged in the community.

The presentation will provide an overview of the Age Friendly Strategy for Seniors framework and some of the initiatives that are supporting seniors.

Members are encouraged to invite guests to this most informative session.



December General Meeting

When? **Saturday, December, 9th**
10:30am - 12:30pm
(Doors open at 10:15am
(remember to sign in)
(Program Starts at 10:30am)

Mark your calendars with this special date!

Where? **Mt. Olive Lutheran Church**
2350 148th St, Surrey, BC

December 9th is our **Christmas Delights Party**, and it's all about Christmas cheer and friendship!



It will feature our delicious **Christmas Pot Luck Lunch**. It's a great opportunity to share with others. So bring along your favourite dish with serving utensil, as well as your plate, knife, fork, spoon and mug.

Once again, we are having our **Bake Sale**. It seems to have become a favourite of our members, and one of our best fundraisers of the year. Each member is asked to bring a homemade item to add to the bake sale.



There will be music and merriment and the always popular sing-a-long. Maybe even some surprises! So ladies, tune up your voices and be ready for some Christmas fun!

Members are encouraged to invite guests to join us in the spirit of Christmas!

Calling All Elves!

(Penny Harrington)

Once again, the Program Committee is organizing the Bake Sale at our Christmas luncheon. This "sweet affair" has been a great success in the past. All funds raised go towards the club's operating budget providing dollars for future programming and community grants.

Six or seven new member elves are required to set up and sell the goodies. Step by step instructions make this an easy project to take on. Minimal time commitment required; exceptional customer service skills an asset. Please contact Penny at **604-542-3629** or **pharrington@telus.net**.

Who's Got Talent?

(Penny Harrington)

Our first of many **Arts and Crafts Showcases** will be on display at our November 25th meeting. Many CFUW members have hidden and not so hidden talents; now is the time to meet them and see what they've been up to.

Lois Hunter will be displaying a selection of textiles, while Joan Hoyles and Daphne Graff will be presenting their quilt creations. Here is an opportunity to hear how it all began and perhaps tempt you to pick up a craft project over the winter.

Members interested in sharing their talents at future showcases, whether handcrafted, musical, theatrical, etc., please contact a Program member.

AMA House Update



Nov 6/2017

T 604 531 9143
F 604 535 1767
E info@atira.bc.ca

#107 - 2430 King George Blvd.
Surrey, BC V4P 1H5

Dear Sherrill Berg

On behalf of Atira Women's Resource Society and specifically Ama Transition House for Older Women I would like to say thank you for your recent donations of the beautiful planter with stand for the front door, as well as the two suitcases with some much needed start up items for women when they arrive at the house with nothing. As well as that the amazing support of the women that you organize all of this with, We talked about a desk and not even a day later a desk arrived.

Thank you so much from the women and staff at Ama Transition House.

Sincerely,

Jennifer Lidvall
On Call Manager, Ama Transition House
Atira Women's Resource Society

Dear Members

The above letter clearly describes the impact your donations have on AMA House.

Sadly, the needs do not decrease. At this time of year, we try to create a happier environment by continuing to supply the individual suitcases, clothing, bedding and personal articles as well as seasonal items.

The special needs are baking items, such as spices, extracts, flour, white, brown and icing sugar, oatmeal, butter, coconut, chocolate chips, nuts, baking powder and soda, as well as canned condensed milk and pie fillings. Baking helps to create a festive atmosphere at the house. It also provides a personal gift they can share with others.

Thank you again for your generosity and kindness. Your gifts matter.

With warmest regards,

Sherrill Berg, AMA House Liaison

New Members Coffee Gathering

(Monica von Kursell)

In late October, new members Pat Branigan, Indra Hamilton and Astrid Lancelle were feted at Monica von Kursell's home. While enjoying mimosas provided by Elizabeth Bordeaux, the group introduced themselves and talked a bit about their background.

Later, all seated around a long convent refectory table, the group enjoyed goodies along with coffee and tea supplied by Gloria Kelly, Faye Koll and Sue Foley-Currie. A lively discussion ensued about CFUW locally, provincially and nationally. Trudy Handel showed a PowerPoint presentation illustrating who we are and what we do.

Unfortunately, Nadine Ewanchyshyn and Huguette Hayden missed this round and it is hoped that another gathering may take place soon.



The ladies enjoying goodies and an interesting conversation.


Directory Errata

Penny Harrington phone number 604-542-3629

Ann-Marie Steenge **#73** 3500 144 Street

Directories are available at the sign in desk at general meetings.

Suggestion: Interest group leaders might pick up directories for their group.

J. Amber Goddyn assisting with Real Estate transactions and Estate Planning in your community since 1984!	
	J. Amber Goddyn Notary Public 1518 George Street White Rock, BC V4B 4A5 Tel: 604-531-2611 Fax: 604-531-8482 jamber@notarypublicbc.com

INTEREST GROUPS

Art and Music On October 25, the Art Appreciation Group met at the lovely home of Mari Dyer-Seidel's longtime friends Marilyn and Keith Lamont for a magical mix of art and music.

ART: B.C. Painter Peter Ewart (1918-2001)

The Lamonts have a wonderful collection of Peter Ewart's work, which was introduced to us by Mari, whom we are so lucky to have as our teacher and mentor. Her introduction included an explanation and demonstration of the techniques artists use to give the illusion that we are looking metres up at towering peaks or metres down to a lake at the bottom of a valley. Looking at Ewart's paintings through Mari's eyes deepened our appreciation of his work, and we were fascinated to see how his painting of BC landscapes progressed during his career from very impressive recording of a scene to powerful and poetic interpretation. An extra bonus was hearing about Peter Ewart the man, who became a close friend of the Lamonts. Marilyn Lamont told us stories about this talented person, and in her collection are his Christmas cards from over 30 years, an interesting chronological record.



Intermission

As always, we enjoyed coffee and conversation during a break – and, of course, many delectable goodies.

MUSIC: Two Concert Pianists



For our concert, we moved into the living room, with its two grand pianos, a magnificent abstract by the artist, and every window framing a corner of the Lamonts' lovely garden.

First, we were treated to a processional recently composed by our own Lorna Paterson for her daughter's wedding. This moving piece ranged in mood from jubilation to tenderness; Lorna confessed that she shed many tears during its composition.

The second musical treat was a duet, with Lorna at one piano and our hostess at the other, playing a beautiful rendition of Bach's "Jesu, Joy of Man's Desiring." There were a few tears shed during that performance, too.



How fortunate we were to have had such an incredible and magical day! (Elizabeth Bordeaux)

(Pictures courtesy of Trudy Handel, Lois Hunter and Indra Hamilton)

The Alpha Book Club



Our CFUW White Rock/Surrey Club has many interest groups, including three book clubs. Of these three book clubs, the Alpha Group has the longest history but it does not seem to be well documented in our archives. I am interested in learning about the involvement of this group through the years as a part of our club activities and welcome any contributions from members who may know something about this long history. The present members have only “snatches” of the answers to the following questions:

1. The Alpha Book Club was evidently not the original name – what was it?
2. How long has the Alpha Book Group been part of the interest groups of our club?
3. Where has the group met – always at member’s homes?
4. What has been the organization/format of the group and who were the leaders?
5. What have been the factors that contributed to the longevity of this group?
6. How has this book group celebrated and unified the members?
7. How were the books to be read selected and distributed?
8. What is one story that stands out as significant in the history of the club?
9. Has the group maintained about the same membership over the years? Who were some of the former members? Any photos?
10. Have any authors been part of the group or as guests?

Thank you for sharing any remembrances of our Alpha Book Club.

Lois Hunter, Club Archivist

EVENTS & HAPPENINGS

The Langley Weavers' and Spinners' Guild's Beyond Fibre annual artisan show was held on November 4th.

Included among the hundreds of visitors were some of our CFUW members. Admiring some of the juried, handcrafted weaving items for sale are Ann-Marie Steenge and Sylvia Riddell with Guild member Lois Hunter.



(l to r) Sylvia Riddell, Lois Hunter and Ann-Marie Steenge

Do You Remember 'Tattoo'?

Peace Arch News Wednesday, April 22, 2015

• lifestyles •

South Surrey artist to speak about destruction of horse sculpture

Lessons learned from vandalism



Contributed photo

Marilyn Dyer-Seidel (second from left) with Tattoo.

A South Surrey artist whose horse sculpture, Tattoo, was torn apart by vandals says the incident is a lesson on bullying.

Marilyn Dyer-Seidel plans to share that lesson Saturday (April 25) at White Rock Community Centre.

Tattoo, a life-sized fibreglass statue, was targeted twice in Langley's Brookwood Park (at 200 Street and 40 Avenue) – decapitated, chopped off at the hooves and left lying on the ground.

Dyer-Seidel turned the experience into a book.

"Tattoo addresses an ugly and

very disturbing problem in modern society," she said in a press release.

"I wanted to start a conversation between children, their parents and the community about bullying."

Bullying has been identified among school-aged children and young adults as having the potential to lead to serious, lasting problems for kids who are bullied and those who bully others. Saturday's discussion – hosted by the Canadian Federation of University Women White Rock/Surrey Club – is set for 11:30 a.m. to 1:30 p.m. at the White Rock Community Centre, 15154 Russell Ave.

– Tracy Holmes

The granddaughter of one of our members shows her delight in Mari Dyer-Seidel's book, *Tattoo*. Mari wrote this story after her beautiful, life-sized horse, Tattoo, was twice vandalized in a Langley park.

Since its publication, the book has been used as an anti-bullying teaching tool in some classrooms, and has brought pleasure to many children, while at the same time imparting its message.

(Elizabeth Bordeaux)



CFUW White Rock/Surrey Interest Groups ~ Activities and Leaders

Monday

Dames Who Dine

1st Mon., 5:30 p.m.
Trudy Handel;

Duplicate Bridge

2nd Mon., 1:00 p.m.
Betty Bishop; Donna Freeze

Symphony at the Bell Centre I

Linda Lee Henriksen
Club Cuisine

4-5 times a year
Elizabeth Bordeaux

New Members

Gloria Kelly

One-to-One

Literacy Group

once a week
Carolyn Oram



Tuesday

Alpha Book Group

2nd Tues. 1:30 p.m.
Shirley Nord

Evening Book Club

3rd Tues., 7 p.m.
Kathy Steele

Who can play, Who can host? Bridge

Tues. & Fri., 9:30 a.m.
Sandy McKenzie

The Bridgets Afternoon Bridge

1st & 3rd Tues., 1:00 p.m.
Monica von Kursell

Wednesday

Afternoon Matinee-Dinner

2nd Wed., 3:00 p.m.
(varies)

Barbara Cook

Golf for Fun

Wed. Afternoons
Sue Foley-Currie

Art Appreciation

3rd Wed. (varies)
Marilyn Dyer-Seidel



Thursday

Fully Booked Book Group

2nd Thurs. 1:30 p.m.
Joanne Cunningham

Newbies Bridge

1:00 p.m., Thurs.
Monica von Kursell



Friday

Stitch and Chat

2nd Fri., 1:00 p.m.
Joan Hoyles

French Conversation

3rd Friday 1:30 –2:30 p.m.
Sylvia Riddell

Environment

4th Friday 1:00 p.m.
Ann-Marie Steenge



Interest Group Info*

**For more information contact Interest Group Leaders,
*Groups subject to change.**

Please note: **Mahjong** will be offered by Marjorie Foxall (604-541-1269) and Joy Thompson (604-538-9735). Date and time TBA.

Need a Ride to Meetings?

If you are unable to attend because you don't have transportation, please call Sandra Kraft at 604-535-8824. Sandra will find a ride for you.

MEMBER RESOURCES

Web Resources for Members

CFUW Facebook page

<https://www.facebook.com/CFUW-White-RockSurrey-1491088411167597/timeline/>
and the closed group page

<https://www.facebook.com/groups/1547358335477392>

(to access, you must be a member of Facebook)

CFUW White Rock/Surrey Website

<http://cfuwwhiterocksurrey.com/>

BC Council

<https://sites.google.com/site/cfuwbccouncil/home>

CFUW (National)

<http://www.cfuw.org/>

GWI (Graduate Women International)

<http://www.graduatewomen.org/>

Semiahmoo Arts

<http://www.semiahmooarts.com/>

Arts Council of Surrey

<http://www.artscouncilofsurrey.ca/>

NOTE:

just click on the URL and you will be taken to the respective website.

Please contact Membership Chair, Gloria Kelly, if you have changes to your contact information:
Telephone - 604-591-9696;
email: robkelly1@shaw.ca

Send a Card... Please advise Joanne Cunningham about any member of our club who is ill or bereaved, so she can send a card.
Contact information: Telephone 604-541-2432;
email: joannecunow@gmail.com

NEWSLETTER COMMITTEE

Editor and Layout - Veronika Bichler

Proofreaders - Elizabeth Bordeaux
- Helen Christiansen
- Monica von Kursell

Email Distribution : - Veronika Bichler

Deadline for January Newsletter submissions is Monday, January 8th, 2018

Please submit news by email with the subject line 'Newsletter' to: vbichler@shaw.ca

Ads are prepaid. Please contact our Club Treasurer, Eileen Ennis. email: wennis@telus.net

